

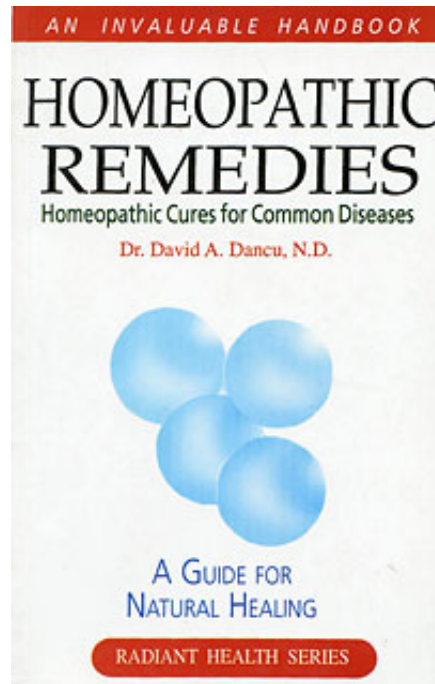
David A. Dancu

Homeopathic Remedies: Homeopathic Cures for Common Diseases

Leseprobe

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Chapter Five Case Analysis:

Unraveling the Mystery

Case analysis involves examining the person's presenting symptoms and deciding which are important and which are not. This is especially necessary when the person has described over 50 varying symptoms and perhaps 20 different modalities within those symptoms.

Many approaches have been successful and most homeopaths develop a system that feels comfortable, personal and effective. The purposes of analysis are twofold. First, is the discovery of the similar remedy for the given circumstances. Second, and just as important, is the completion of casetaking with an understanding of the person as a whole.

The second purpose is of value because there are times when the best-suited remedy is not effective, despite the time taken to evaluate a case. At this point, it requires more than the totality of symptoms, as the person's vital force may manifest specific symptoms which create underlying causes. These causal factors, when clearly perceived, will assist in understanding why a remedy was ineffective.

Why does a well-chosen remedy not work? Several reasons come to mind, including misreading the individual. Also, layers of disharmony can block a true response. Perhaps symptoms were not given proper weight in the first evaluation, or the core essence of the case was not reached or perceived adequately.

Each case is gleaned through the person's own words, body language and observations as well as questions asked by the homeopath. It is easy to misread someone if a case is not taken properly or completely. Perhaps questions were not direct enough or the homeopath did not delve deeply enough into emotional disharmonies. If there is any uncertainty about

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the case or something appears incomplete, thorough questioning can uncover the answer.

Layers of disharmony are developed over a lifetime. Starting from the trauma of birth we unintentionally alter our body's natural ability to regenerate by taking drugs, medicine, smoking, environmental exposure, etc. Additional layers such as stress, auto accidents, surgeries, sensitivities, foods, chemicals, drugs, medications, vaccinations and the environment, affect a person. These effects alter the normal energetic patterns we are born with, and create layers of disharmony.

Each layer produces its own pattern, often requiring specific attention in order to be eliminated or balanced. If, on the other hand, we find that a specific thread runs through the entire case, despite the layers, then we have a grasp of the essence. For instance, in the case of the 41-year-old man with asthma, there are several threads running throughout his life that shows a deeper disharmony, both physically and emotionally. This also reflects certain susceptibilities.

If a layer has so altered the energetic patterns of his entire being, then that layer must often be addressed before the best remedy can be found or be effective. If a car accident has created headaches and other physical or mental problems, then symptoms from the accident and those after the accident must be evaluated first, especially if those symptoms strongly affect the person's current lifestyle.

The weight given various symptoms relate to their intensity and life-threatening tendencies. Asthma can cause major disharmony if untreated so it is given more weight than a rash or a digestive problem. Each symptom is evaluated according to how it affects a person, how limiting it is and how long it has been a part of their life. Also, a person's spontaneous description of their symptoms, without prompting, is given stronger credence than those that require questioning, simply because of the natural flow of expression. Attaching a weight to each symptom is a key to understanding

Case Analysis: Unraveling the Mystery

which rubrics to choose when repertorizing. The effect of a hurricane is much greater than a gentle blowing breeze.

Symptom weight is based on the most limiting symptoms in the presenting picture. For instance, with a flu where there is difficult respiration, fever, diarrhea, headache, a cough that is exhausting and nasal discharges, the first order of priority is the respiration. If we don't breathe, we die! Next, comes the loss of body fluids because this is significant when excessive, and can be very depleting. The cough, fever and headache are less severe. The symptoms may change, leaving a prescriber to evaluate based on the most limiting or debilitating symptoms. Common sense tells us which are the most limiting symptoms. How to choose which symptoms, can be determined by the presenting state of the person's disharmony.

To understand the core essence of a person, not only is good casetaking necessary, but getting them to freely discuss their personality traits is also important. If the person is shy, unaware of family history or old symptoms, emotionally closed, private, or just a person who likes to please, it is difficult to get to the core of the case. Questioning alone will not work in this instance, so the issue of openness and honesty is best emphasized at the outset. Still, someone may want to hide certain aspects of their personality because of past shame or fear. Again, reassure them before the process begins so as to eliminate this possibility. It may take several visits before a person will feel comfortable enough to discuss certain issues

If you have done everything possible to overcome these obstacles, and enough information is still not available for a good evaluation, then stop the interview and have the person return at a later date. Perhaps writing down past memories of childhood, talking to relatives or checking medical histories will be of value. Pressure to evaluate and discuss symptoms serves neither party.

Chapter Fourteen

Questions and Answers

Question: How does homeopathy work?

As briefly discussed earlier, several theories exist which explain the principles of homeopathy, but no one is certain how it truly works. It seems to work by stimulating the immune system or vital force, in turn allowing the organism to find its own balance and overcome diseased states or disharmonies.

Numerous double blind studies have increasingly validated the effectiveness of homeopathy, while attempting to appease the scientific community with its typical desire for theory substantiation. *How* it works has never been proven in a conclusive manner.

Every living organism is a form of energy, requiring food and liquids to survive. These foods and liquids are also energy, thus providing energy to an energetic being. Homeopathic remedies are energy which have specific signatures or pictures that reflect their essence. By determining the essence of an individual and a clearly related symptom picture, the most similar remedy to that picture will assist in releasing suppressed symptoms while establishing balance.

Much like an automobile battery that needs recharging, a remedy works to recharge the organism and allow it to reach its own level of recovery without constantly recharging. One dose will give an adequate representation of the effectiveness of that particular remedy.

When two similar energetic systems combine, the integrated result is harmony. Harmony establishes equilibrium while maintaining health and eliminating the causes of disharmony. As a helium balloon tends to rise to its highest level possible, so too will a human being when given the

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proper charge. If allowed to find its balance without interference, the organism will heal in its own fashion. Rather than interfere, remedies stoke the fires of healing by resonating with the vital force.

Despite scientific study and analysis over the past 200 years, a description of how homeopathy works has never been made clear. Clarity and effectiveness come from the result and the repeated "miracles" described in the texts.

So, ultimately it is not how homeopathy works, but rather whether it works. And it does, over and over again.

Question: Does homeopathy eliminate disease?

There have been cases where a medical diagnosis has established clear symptom pictures of diseased states and where they subsequently indicated that recovery was impossible. When homeopaths reviewed these cases and patients were willing to try an alternative or complimentary medicine, results were verifiable through follow-up medical tests.

To be clear, homeopathic remedies are not the eliminating cause. After taking a remedy, an organism's increased ability to heal itself establishes the necessary balance to eliminate the disease.

As previously described, pathology alone is rarely addressed in homeopathy, unlike orthodox medicine. The totality of the case is analyzed to reach a remedy conclusion best-suited for the person and not just the disease.

Casetaking that focuses solely on the disease, which some beginning homeopaths tend to do, seldom brings success. On a few occasions, a remedy that would be effective for the diseased state will also be the best remedy for the totality. The percentages are low for such a coincidence and addressing a person in this manner can be more harmful than helpful.

The harm comes from the delay in assisting someone to reestablish homeostasis while trying to eliminate the diseased state. Additional harm arises from pathological use of remedies and possible suppression of the disease. This occurs

Questions and Answers

where there is an appearance of relief when in fact the disease has moved to another part of the body, without establishing a permanent cure.

A homeopath in California tells of a case where he administered the remedy *Sepia* because a patient had a brownish discoloration that appeared to look like a saddle and covered the bridge of her nose. However, he disregarded the fact that *Sepia* did not fit her totality. He wanted to impress the patient with his ability to eliminate an unsightly discoloration and possibly get referrals in the future. Neither of these philosophies serves homeopathy nor the patient.

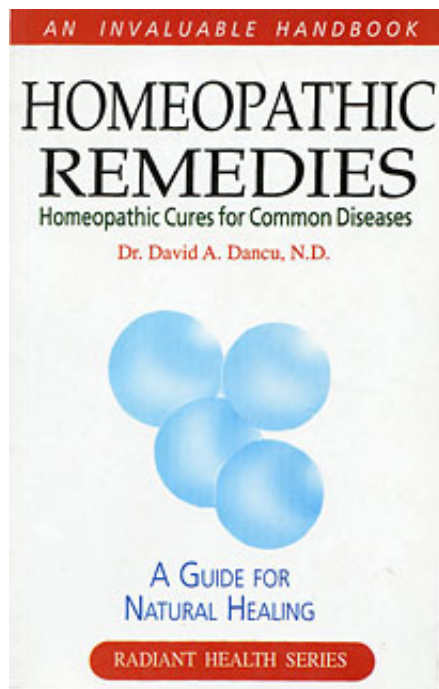
The woman called back in several weeks indicating that the discoloration had disappeared and that she was very pleased with homeopathy in general and the homeopath specifically. Six months later, the discoloration returned, appearing worse than before with none of the original symptoms being altered in the slightest.

In another situation, a patient came to my office for a chronic case of varicose veins, which were unsightly and somewhat painful. After taking the full case and deciding that a specific remedy would be quite useful, a dose was administered. The remedy had little relationship to varicose veins, but it did fit the person. Some six weeks later she returned to the office exclaiming that the veins had improved tremendously and she also was feeling much better.

By treating the person and not the disease, we give the body time to heal itself. Healing cannot be forced. Recovery will be unique to each individual and the time necessary for that recovery is also unique.

Question: If homeopathy can eliminate disease, can it also remove negative emotions like anger, impatience, violence and others of that nature?

Before answering the question, it is important to understand that not all diseases can be eliminated with homeopathy. If an individual has reached a state **of degeneration or**



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