

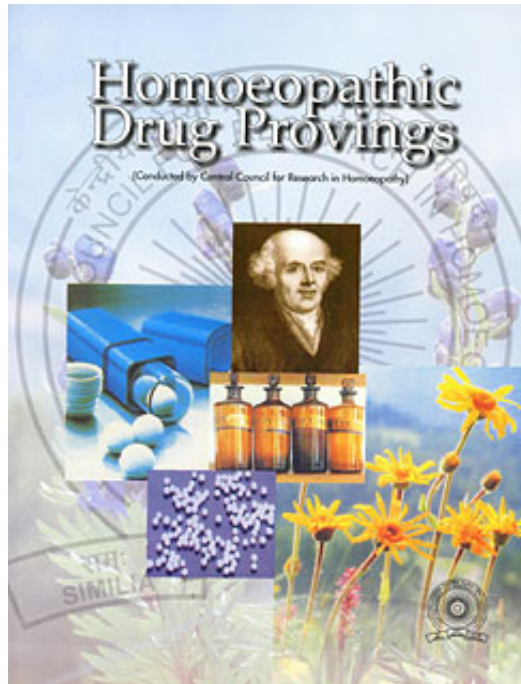
CCRH

Homoeopathic Drug Proving

Leseprobe

[Homoeopathic Drug Proving](#)

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INTRODUCTION

Homoeopathy is a special form of drug therapy which is capable of stimulating the body's own powers of self-healing in a special way. How is the effect of a drug studied in homoeopathy? How does a homoeopathic remedy picture come about? In contrast to academic medicine, the effects of drugs are not described in terms of pharmacological mechanisms of action, but in a phenomenological fashion. The effects of medicines are described as a collection of symptoms, which can be ascertained from different sources, including:

- Provings on healthy human subjects
- Toxicological studies in animals
- Clinical experience

In homoeopathic drug provings on healthy subjects, volunteers receive the medicinally active substance over a defined period of time. All striking changes and symptoms affecting the body or psyche are then carefully recorded and evaluated. It is particularly important to give a detailed description, e.g. intensity of individual symptoms, their variation at different times of day, associated circumstances and modifying influences. All newly occurring symptoms, in this context, are taken as proving symptoms, which systematically collated to form the picture of the drug substance being proved.

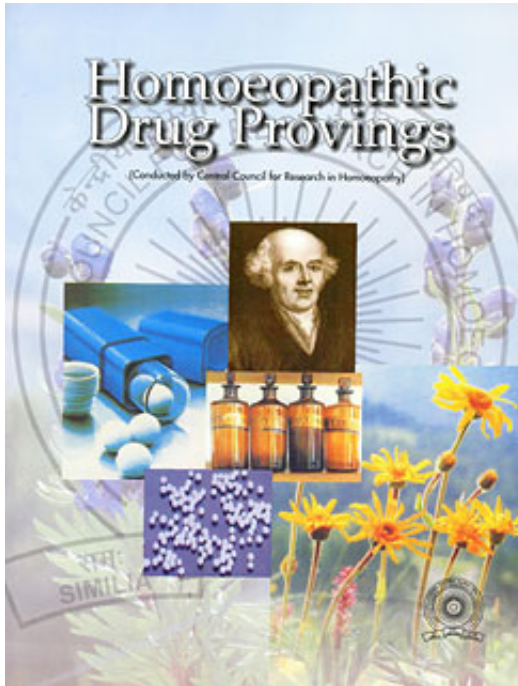
In conventional pharmacology, by contrast, clinical trials on healthy subjects, which are known as clinical phase 1 studies, are used primarily to investigate the pharmacokinetics and tolerability of a drug. In order to smooth out differences between individuals, the volunteer population has to be made as homogeneous as possible. Precisely the opposite is true of a homoeopathic drug proving, where in order to generate as broad as possible a spectrum of symptoms, the volunteer group need to be as

heterogeneous as possible in respect of age and sex distribution.

Council has undertaken Drug Proving as a continuing programme and has proved sixty-four drugs so far. Six drugs are under proving currently. Emphasis is on drugs of indigenous origin as well as on drugs with fragmentary provings.

Council has till date published eight Monographs, which included data on Drug Standardization (Pharmacognocny, Physico-chemical and Pharmacological studies), Proving Pathogenesis and Clinically verified symptoms.

Fifty-two proved drugs have been published in CCRH Quarterly Bulletins. The Council has also published four Drug Proving Special CCRH Quarterly Bulletins. The last one was published in 2002 containing pathogenesis of ten drugs. The drugs are proved in MotherTincture form or in 3x, 6x, 6c, 30c, 200c and 1M potencies varying in individual drugs. The Council is clinically verifying the pathogenesis of the proved drugs.



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