

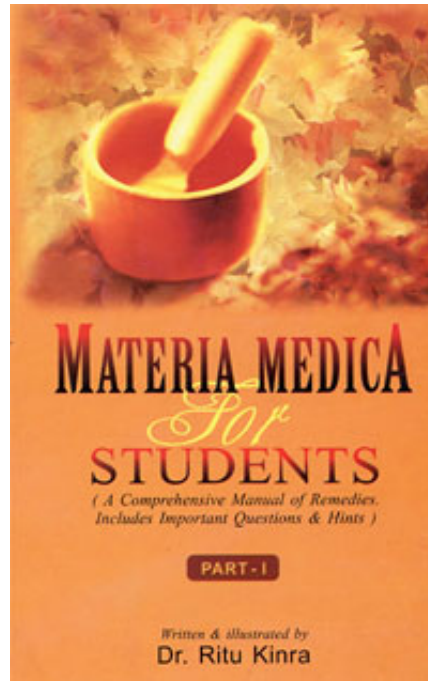
Ritu Kinra

Materia Medica for Students Part-I

Leseprobe

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von [Ritu Kinra](#)



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Narayana Verlag GmbH

Blumenplatz 2

D-79400 Kandern

Tel. +49 7626 9749 700

Fax +49 7626 9749 709

Email info@narayana-verlag.de

<http://www.narayana-verlag.de>

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38. FERRUM PHOSPHORICUM

J.C. Morgan

Common Name — Phosphate of Iron.

Ferrum phos is a *broad, deep acting, antipsoric medicine*.

Pathogenesis — Iron Phosphate colours the blood corpuscles red, carries oxygen to all parts of the body and thus furnishes the vital force that sustains life. Without the proper balance of iron in the blood, health cannot *be* maintained. When a deficiency of this cell salt occurs, the circulation is increased, for the blood tries to carry enough oxygen to all the tissues of the body with limited amount of iron in hand and in order to do so must move rapidly.

This increased motion being changed to heat by the law of conservation of energy is called fever. The interference with metabolism thus caused soon prevents the functioning of the other cell salts, with the result that they also lose their power of union with the organic matter and are thrown out of the system. A deficiency in Potassium chloride always follows a deficiency in iron. A lack of Ferrum phos. or an improper balance in blood is the cause of colds. When a deficiency of iron occurs, nature or natural law draws the blood away from the outer parts, the skin, in order to carry on the process of life more perfectly about the heart, lungs, liver, stomach, brain. This on account of closing pores of skin gives rise to accumulation of non functional matters which are thrown out by way of the mucous membranes and forms discharges of colds, catarrhs, pneumonia, pleurisy etc. Thus Ferrum phos is used in all conditions whenever there is *inflammation in the first stage before the stage of exudation*.

Ferrum molecules toughen the cellular structure in the circular walls of the blood vessels, hence a lack of iron frequently causes a breaking down of the walls of minute blood vessels producing *hemorrhages*. Ferrum phos is indicated in bright red hemorrhage from any part of the body.

Constitution — Pale and anemic subjects who with all their weaknesses are subject to sudden and violent local congestion and inflammations.

Miasm- Predominantly Anti-psoric medicine

Relation with heat and cold — Chilly patient.

KEYNOTES

- 1) Ferrum phos is the remedy *for first stage of all febrile disturbances* before exudations set in. Fever with pain and heat are leading indications for inflammation when Ferrum phos is to be prescribed.

- 2) *Bright red heamorrhages* from any orifice with a tendency of the blood to coagulate rapidly.
- 3) *Aneamic and chlorotic* people with great *lassitude* (lack of heamoglobin in blood).
- 4) *Lack of vital heat* and aggravation from cold and becoming cold.
- 5) *Congestion* of head and organs with fever and red face (false plethora).
- 6) Motion that is real exertion aggravates but slow motion ameliorates.
- 7) Pulsations felt all over the body.
- 8) Soreness all over the body with oversensitiveness to touch.

Particulars :

- 1) HEADACHE
- 2) EYES
- 3) EAR
- 4) NOSE
- 5) FACE
- 6) GIT
- 7) RESPIRATORY SYSTEM
- 8) URINARY SYSTEM
- 9) MALE SEXUAL SYMPTOMS
- 10) FEMALE SEXUAL SYMPTOMS
- 11) RHEUMATISM
- 12) TISSUES
- 13) FEVER

HEADACHE

Location — Temples, above the eyes, frontal headache.

Sensation — Headache with rush of blood to the head. Throbbing headache with flushing over the face. Head is sore to touch.

Aggravation — Motion, coughing.

Amelioration — Epistaxis relieves headache, cold applications.]

EYES

- Acute inflammation of eyes in the first stage.
- Conjunctivitis with photophobia.
- Redness of conjunctiva, of balls and lids.
- Granulations of eyelids with feeling as if grains of sand were there.

EAR

- Inflammation of the first stage.

- Earache with beating and throbbing pain, inflammation of the external ear with redness and burning.
- Noises in the ear like running water from unequalisation of blood in the blood vessels.

FACE

Earthy pale sallow face with circumscribed redness of cheeks. Red face alternating with paleness. Pseudo plethora with anaemia. Red face during fever, during headache.

GIT

Mouth — Inflammation of mouth. Gums hot swollen and inflamed.

Teeth — Toothache due to an inflammatory condition. For feverishness in teething complaints.

< Hot liquids, motion.

> Cold things.

Tongue — Clean and red tongue, showing an inflammatory condition. Tongue is dark red and inflamed.

Gastritis :

- First stage of gastritis with pain in the stomach from smallest quantity of food.
- Burning sore pain in the pit of the stomach.
- Headache with gastritis.
- Vomiting of undigested food or bright red blood.
- Dyspepsia with flushed face and throbbing pain in the stomach. > hot drinks

;

< cold drinks

Abdomen :

First stage of inflammatory condition of the bowels, enteric fever, cholera, dysentery, peritonitis etc. when the patient complains of feeling diilly. Soreness and tenderness of bowels.

Diarrhoea :

Diarrhoea and dysentery in hot weather; chest trouble and catarrh in winters.

- Undigested, watery stools.
- Morning diarrhoea like sulphur.
- Tenesmus at stool.

Constipation :

Heat in the colon or rectum with dryness of the mucous membrane.

Piles-Bright red blood with sore painful anus.

RESPIRATORY SYSTEM**Nose :**

- First or inflammatory stage of the cold in head. Takes cold easily.
- Predisposition to *bleed* in anemic and poorly nourished subjects. Ferrum phos is excellent in epistaxis from any cause, even injury epistaxis.

Throat :

First stage of throat diseases when there is pain, redness and heat. Inflammation of tonsils when they are red and swollen. Ulcerated throat with pain and fever.

Cough :

- In the beginning of cough and cold caused by cold air.
Character of cough — short spasmodic and painful expectoration — scanty and blood streaked < Cold air; > Warmth, warm water etc.

All inflammatory condition of the respiratory tract (pneumonia, bronchitis, pleuritis, tracheitis) in the first stage.

- Breathing short and hurried at the beginning or during the course of the disease when there is heat and fever present.
- Cold air in the chest with hard, dry cough and soreness in the lungs.
- Scanty blood streaked expectoration.
- Hemorrhages in the lungs of bright red blood.

URINARY SYSTEM

- First stage of inflammation of the bladder causing retention of the urine with pain and smarting when urinating.
- Cystitis often caused by retaining the urine for too long which should be voided.
- Brights disease and diabetes when there is feverishness, pain or congestion in any part of the system.
- Suppression of urine through heat particularly in children.
- Wetting of bed from weakness of muscles of the neck and bladder (Kali phos). (If from worms — Nat phos).
- Constant urging to urinate if not chronic.

MALE SEXUAL SYMPTOMS

First stage of irritation and inflammation of the prostate gland, orchitis etc. when there is feverishness, pain and throbbing.

FEMALE SEXUAL SYMPTOMS

- Inflammation of womb and vagina with fever and also vomiting of undigested food.
- Spasm of vagina with excess dryness.

- First stage of gonorrhoea, metritis etc.
- Dysmenorrhoea when there is pain congestion and fever and also vomiting of undigested food.
- Menses with bright red blood.

RHEUMATISM

- Rheumatic lameness of joints when fever is present < catching cold, motion.
- Inflammation and pain in the back with fever.
- In sprains and strains of the first stage.
- Cold extremities and coldness of back.

SKIN

Inflammation stage of all skin affections, abscesses, carbuncles, boils, felons etc require this remedy with heat, pain and throbbing.

TISSUES

- In injuries of soft tissues, strains, sprains, cuts, bruises when there is inflammation pain and fever.
- *Epistaxis* in children and anemic people.
- *Heamorrhages* in any part of the body with tendency to coagulate rapidly.
- *Aneamia* — Ferrum phos colours the red blood cells.

FEVER

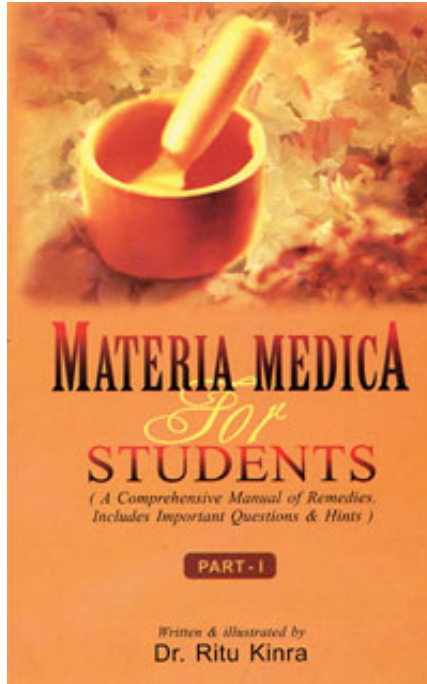
Fever at the commencement of any disease (gastritis, enteritis, typhoid, rheumatism, measles, chicken pox etc.) Ferrum phos should be continued as long as fever and inflammation exist to control and subdue the heat, inflammation and pain. Intermittent fever with chill at 1 P.M.

General Modalities :

Aggravation-NIGHT, TOUCH, MOTION.

Amelioration — COLD.

(Cold should be applied directly to congestion or relief would not be felt. If inflammation is deep seated, heat should be applied to relieve the engorgement of deeper vessels.)



Ritu Kinra

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