

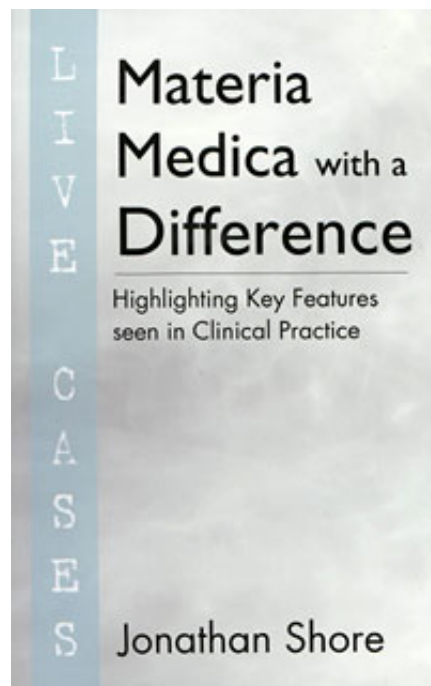
# Jonathan Shore

## Materia Medica with a Difference - Live Cases

Leseprobe

[Materia Medica with a Difference - Live Cases](#)

von [Jonathan Shore](#)



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## CASE-TAKING

## VIDEO 9

PT: ... I feel mentally stressed. Both mental and physical or so, so much hand in hand, closely intertwined; it's manifesting itself quite extensively now in physical... And in the last three or four months I gained fifteen pounds. On that point ... I've gained tremendous weight, but I don't know if I have an increased appetite; I am kind of hungry from the neck up. Eating a lot. So now I have gained weight, constipation, let's say. I have changed my diet radically. In my nervousness I used to ... I have been for quite a few years a strict vegetarian and I've started to eat dairy products once again. So quite a few of my ... physical, which have occurred simultaneous to my stressful situation. I have my own business and I am starting to ...

JS: The camera is behind me more or less; he is looking into the camera. So describe this guy for me?

AD: Moving.

JS: Yes, he is restless; he is fat, or thin or tall or ...? He is kind of on the thin side and he moves a lot. And he is withholding or forthcoming?

AD: He is forthcoming.

JS: Yes, I mean we don't have to drag anything out of him, I have hardly asked him anything. Probably I am saying: "What are you here for?" and he is happy to tell me. This is an edited tape, so there are jumps in sequence and stuff like that. He is going a little bald, his hair is receding there, but yet he is a fairly young guy. He doesn't look like he is old, in a way.

AD: He theorises a lot.

JS: He is explaining things, yes, it is a good point. And that would make you think of?

AD: Sulphur.

JS: Keep that in mind, not necessarily Sulphur. But it is an observation. It is true, he is moving and he is loquacious and there is something in his manner.

AD: He is avoiding the gaze.

JS: No, he is not actually. That is what I am saying here, actually when he is looking up and straight ahead for him, he is looking pretty much at me and in fact he is looking a lot at me.

PT: ... businesswise, and just working through a lot of anxiety, fears and depression, you know, just any negativity and hopelessness. I checked all of those off, I mean everything, to a T; I'm just going through a lot of insomnia, waking up in the middle of the night, going to bed somewhat fearful. Then waking up, remembering, oh, oh, it's another day, and not looking forward to anything at all. No, I... in the pit of my stomach, I get butterflies. I am thinking about bankruptcy. And the other day when I called you, it kind of all crystallised. It came down to the brass tacks of it. I finally came to an answer about it and believe it or not, a weight was lifted from my shoulders, metaphorically; and suddenly when I came down to the situation on hand, I would go under it... job, boy, I'll just pull this through. Suddenly I had a little bit of renewed energy, but I believe that I am not sleeping well, partly because of my mental attitude; I'm listless; I have always had a motivational problem in my life. I have been the kind of person that people wouldn't say, is a dynamo, but then there have been times when I have given way to radical fluctuations in my energy level. I can be so incredibly dynamic and energetic, or just totally lethargic. Both extremes seem to ...

JS: So of course he is giving us the case very beautifully, without any prodding. But the question is here, we cannot say for sure, but when you hear this sort of thing you immediately start to think: "Oh, oh, could this be ..." However, there is something about his way you would say ... Again I ask you, he is withheld, or not?

AD: He is holding something back.

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JS: This guy, there is something about his manner. You will see, when he speaks to me, he says something and he emphasises with his eyes. And he is kind of looking at me, "Oh, you know, well I was so anxious ..." You get the feeling that there is a sort of a pressure behind what he is saying. There is an intensity about this guy. Maybe it is not so clear, but if you think about it in that way you will see that there is a certain sort of intensity. He is not saying, "Oh you know, my business is kind of going downhill and I changed my diet ..." He says: "I made this radical change in my diet!! You see I went from ... radical change, major this, that!!" There is this sort of feeling in the way that he is expressing.

PT: Fluctuations.

JS: He uses words: radical, extreme, excessive ...

JV: ... day, or weeks, or months.

PT: I would say it does go in blocks of time. Not the days - although, sure, in the course of one day I can experience lethargy and exhilaration, I would say in a common way. But the real extreme ... I would say weeks. Maybe I'll have two good weeks and then two weeks of hell. And I guess that I am prone to being somewhat overreactive when things are going bad for me, I start to get almost like a ... at times I can't get ... this attitude.

PT: I'm really screwing up my life, that is what the fear is to me; it is a feeling of not having control and just losing control over my life.

JS: What happens to people who lose control-of their life? What sort of people lose control over their life?

PT: Failures; I mean to me it all comes down to failures. Also [ just ... this isn't just recent, I was very, very much addicted to cocaine. In the last six months, ever since I started to get very much .. about business, I thought that it could easily destroy me and my business.

JS: You see, he says that he is afraid to lose control over his life. Which means that he has exercised a kind of restraint or something and he has failed in it. This can make you think of another remedy.

AD: Aurum.

JS: No, not in a guy like this. There is nothing serious about this guy. But what sort of people like to have things under control?

AD: Lycopodium.

JS: Lycopodium, yes. Lycopodium are the sort who maybe show a kind of a discipline, be a kind of a guru in a way, have a front. You see, when you have some authority and you are out there in public and politicians, you have got to have your life in order, because people are always looking. But then the impulses are there and it kind of breaks down and you go out and you do something and then you draw yourself in again. It can be Lycopodium. There is not much else to suggest, but this is the thought that goes through my mind when I hear that he is struggling, sort of, in a guy like this. He says: "Oh, I lack confidence," and this and that. And superficially it may be Lycopodium.

PT: I have had a fair amount of success, a modicum of success in getting away from it, at least not spending money and ruining myself financially over the drug. The circle of friends that I have ... easily accessible.

JS: I don't know how common cocaine is here, not so common right? You are a little bit behind the times, but it will come. The effects of cocaine make people feel what?

AD: Mentally very stimulated.

JS: Mentally stimulated. And it gives them a feeling of power. "I can do anything, I am so strong, nothing stands in my way." And of course the main remedy for love of power is Lycopodium. So here you see the thinking starts to go. Of course that doesn't mean very much, because cocaine is very widespread and of course not everybody who uses cocaine is Lycopodium, but the idea is there. And especially a sort of a Lycopodium who has put themselves up there now and they have

to keep things going and keep up the front and they feel this inadequacy, will be very drawn to something which makes them feel confident and strong. They will be drawn to it, naturally.

PT: ... cocaine. Two weeks ago, one night I did it and I experienced such terrible anxiety for three days after that. The fear ... the thought of that gets my stomach upset right now. And there are some tangible mundane things involved, and attached to that. Like success in business, my feeling of satisfaction in my success, not just a monetary success, because I've pissed away a lot of money.

JV: The ability to be able to do it.

PT: It is the feeling of being under control like that, the proverbial leaf at the mercy of the wind. So frequent failure as much as maybe some of the things that I did to lead up to that. Till I am ashamed.

JV: Like what?

PT: Like, one of the things is drugs. For a long time I have pursued, I have engaged in the headlong pursuit of altering my consciousness, my feelings, jacking myself up, especially with cocaine. And simply because I am sure now, I have a lack of the belief that I can do it on my own. That I could do anything on my own.

JS: You see, so what he is saying now is that he believes he has what, fundamentally? A lack of confidence. So we have to think, maybe this guy is Lycopodium. This is coming here, we have to think.

PT: A real lack of the ability to ... I almost feel like I lack the wherewithal to get anything done to completion. As a child I was always a quitter. Although I didn't feel that. I felt like my attention span was just always going here and I lost interest very easily. But it was always the feeling that I never really stuck with anything at all, ever. Now as I am getting older, that is not a very nice feeling.

PT: I worked for North American Graduates for Greenpeace. That position was a drug unto itself. It was an intoxicatingly powerful position ... people used to come up and just hand me drugs all the time. I got into it there, and it elevated me to such a powerful state, I never wanted to come down, and then I started feeling addicted, like if I were on coke, I couldn't take a shit.

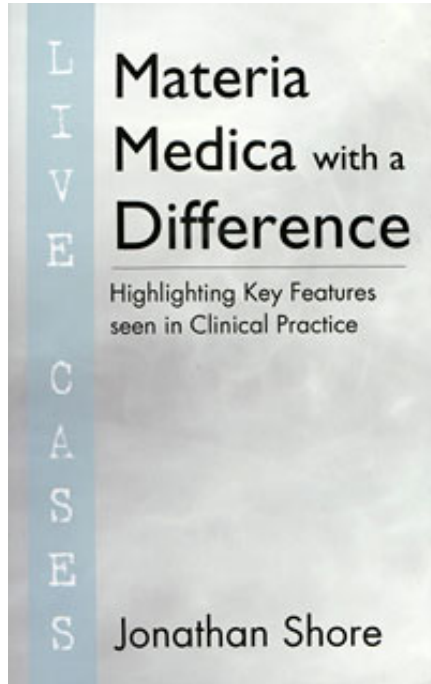
JS: So now you see we are really in a bit of a dilemma, because on the one hand he is giving us Lycopodium language, the words. On the other hand we get the feeling from this guy, that there are these swings in his life; you see everything is big or dramatic or tremendous or small. And his energy is very fitful. He has bursts of brilliance and then suddenly it falls and he cannot do anything; so now we have this dilemma. You see how interesting it is, somehow being confused between two remedies. But his way ... Although Lycopodium can be extrovert or introvert.

AD: They tend to appear extroverted.

JS: Yes, they tend to appear extroverted, but there is something in the intensity of his expression which is not quite right for Lycopodium. But still you see, there is the front, they are jolly good fellows. It is sort of like that: "Hello, yes, I am Jonathan Shore. You see, I am giving this lecture here. And you are all great, really you are great guys. And it is wonderful how you have been listening to me. And I am glad I didn't make any mistakes when I was looking in the repertory." This guy, there is a sort of an intensity there, it is different. You have to feel that.

PT: I don't know if I can really trace it with authority, because I have always been kind of self-indulgent. The kind of wild, always partying kind of guy. Never serious. Although deadly serious at times, about my commitments and everything else. But really as far as my own state of being, my condition is concerned

JS: Indulgent is what he is saying, just self-indulgent.

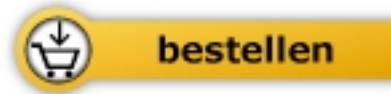


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325 Seiten, paperback  
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