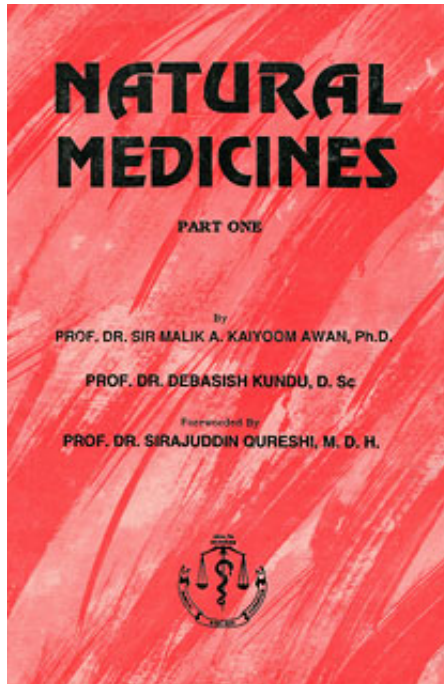


# Awan / Kundu Natural Medicine

Leseprobe  
[Natural Medicine](#)  
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## Chapter 1

# INTRODUCTION

Birth of Disease : According to the 'Wonder Tales of Ancient Greece' in those early days men had lived in perfect Happiness. They had never known pain or disease: sorrow or trouble of any kind. Prometheus, a person from earth when came to know that the Gods had held back the secrets of fire from men, which could make their livelihood easier and better, one day stole from heaven and brought to earth a piece of fire. He taught people how to cook, how to work in metals and clay, which they had never dreamed about.

But as a result of what Prometheus had done, Gods became very angry and decided to punish Prometheus, also to prevent men from becoming equal of the Gods. By the order of Zeus, the king of Heaven, Hephaestus, God of fire created a lovely human maiden, she was given the name 'Pandora'. Each of the Gods gave to her some Wonderful Gifts in order to make her attractive to mankind. Aphrodite gave her beauty, Hermes gave her quick wits and Apollo gave her a musical voice.

Hermes brought pandora to earth, and Epimetheus, the brother of Prometheus got attracted to her beauty and married her. Gods blessed the couple and presented a mysterious box which was closely sealed and Pandora had been told that she must not open it.

But soon Pandora was eager to know what was inside the box but her husband advised her not to open as told by the Gods. Some time later when Epimetheus went out in the Garden to gather flowers to present his lovely wife, then Pandora examined the beautiful piqtures carved on the box and heard some strange voices from inside the box, 'Save us, Pandora? Open, Open set us free', The voices were tempting and Pandora broke the seal to open the box and then flew out a great number of ugly winged creatures, some of them bit Pandora, she cried out in pain and terror and Epimetheus came to her rescue, the winged creatures also bit Epimetheus and then they flew out of the window and soon other cries of pain and terror were heard. The winged creatures were in fact the evils of pain, disease and sufferings, which Zeus, the king of heaven, had sent to earth.

It is strongly believed that the following 5 books are the real glorious books from Almighty, given by him to the different people at different times which are as under:

1. Vedas to ancient Indian philosophers.
2. Bible to Jesus Christ.
3. Torait to Moses.
4. Zaboor to David.
5. Quraan to Mohammad.

It is recommended that every people has to pay respect in all other books beside his/her own book of religion.

The ALMIGHTY GOD according to Holy Quraan and the Bible old and the new testaments created Adam who was made with the dirt and gave him life. After that Eve was created from the left rib of Adam. The both were given strict orders to live in the GARDEN OF HEAVEN, eat whatever they need, drink whatever they want to. Beside this the ALMIGHTY ALLAH (GOD) told ADAM AND EVES that every thing in the Garden of Paradise is allowed to you, except the fruit of one tree. The word of tree in Arabic is 'SHAJJAR'.

SHAJJAR IS CONSISTING OF Roots, Trunk, Branches and the leaves. The God says clear words in Holy Quraan 'DONT GO NEAR THIS TREE (SHAJJAR).

The different Philosophers have different opinion on the word SHAJJAR. Some have said that it was a tree of apple, some said it was wheat and some are unanimously agreed to Grapes, but in our opinion the God asked them in a very respectable manner that you can live, you can eat, you can drink, you can sleep and do whatsoever you can, but you are strongly forbidden not to touch the tree of Woman to produce evils of disease, pain or sufferings.

It is general rule or principle that if one commit any crime he is liable for the punishment under the existing normal rules of the society, therefore we should understand that whenever we do any act against the nature, the nature gives us the punishment for that. For example the ALMIGHTY GOD has said in the Holy Bible as well as the Holy Quraan repeatedly that do not eat the meat of Swine and Camel except the emergency of lite. Where you think you are going to die and there is no alternative to eat or survive you can eat the Swine (Pig), otherwise no, but the human being instead of valid

instructions of God frequently eat and bingeing with Swine, so Allah has to give them punishment of mal-Nutrition and they become ill of Hypertension, Blood Pressure and many other problems like over weight, etc. etc.

According to the Holy books, the Devil came and tell the Adam and Eve why they don't eat the fruit of that particular tree, so Adam and Eve became greedy and they had eaten the fruit, after which they were naked in the Garden and they tried to hide themselves with leaves etc. In the mean-while the voice of the God came and said, you know that I strongly prohibited this act for you which you did and that now you be ready for the punishment of this act. I send you on the earth where you will have to live for a certain period of time.

When the Adam and Eves went to Physical intimacy with each other the HOT AND COLD MIXED, in one each other where the health started deteriorating. Religiously it can be said that the deteriorating conditions in man and the woman is outcome of sin which they have committed in the Garden of Heaven against the will of God and the God has given them the punishment of being sick, poor and working hard for their livelihood.

So when the Human being stepped on the earth he brought the basic three diseases with them which according to research and valid proof they can be called the mothers of all the diseases. Those are appended hereunder;

1. Psora.
2. Syphilis
3. Sycosis.

According to the Homeopathic system of Treatment, any disease now inforce or before comes under one of each category. And an Homeopathic practitioner can not treat any symptom under any condition until he is able to find out the present stage of any chronic and or acute diseases affiliated with one of the above mentioned three categories, because the Homoeopathic system fix the categories of medicine in accordance with the above principle for they can be more benefited towards the woes of the sufferers.

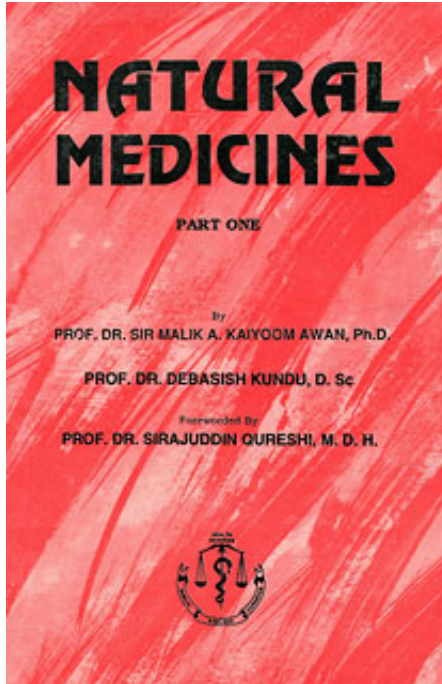
Any how very shortly we will express something about the NUTRITION. The food produces the Nutrition.

CLASSES OF FOOD: Proteins, starches and oils, (fats).

NUTRITION: Produces energy and warmth to the body.

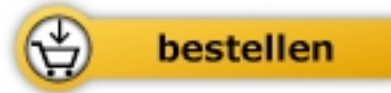
It comes from Animals, vegetables or the air and water we absorb  
Animal produces all meats, eggs, dairy food and proteins in their  
chemistry preliminary give the vital resistance to the body and in  
many cases the Nutrition properly intake exterminate the disease  
from the body.

The essence of the science of Nutrition is that the body needs a full  
and constant supply of vital nutrients in the balanced form. The  
Science of Nutrition is to know how to keep the cells of the body  
properly fed, so the span of cell life can be at its peak.



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Part one

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