

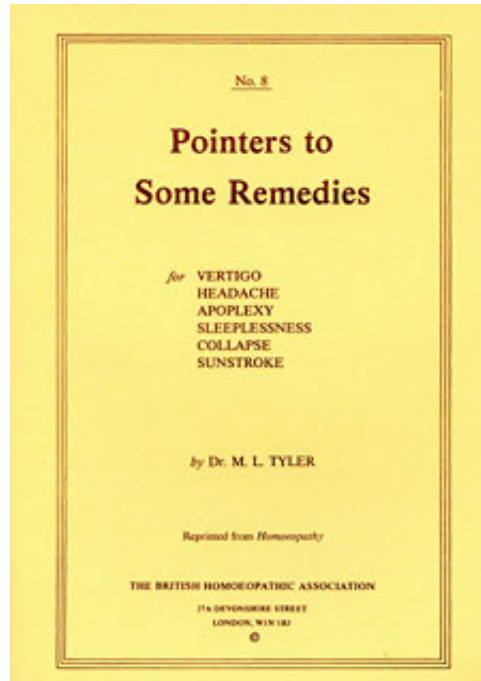
Margaret Lucy Tyler

Pointers to Some Remedies - No.8

Leseprobe

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von [Margaret Lucy Tyler](#)



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SOME REMEDIES OF VERTIGO*

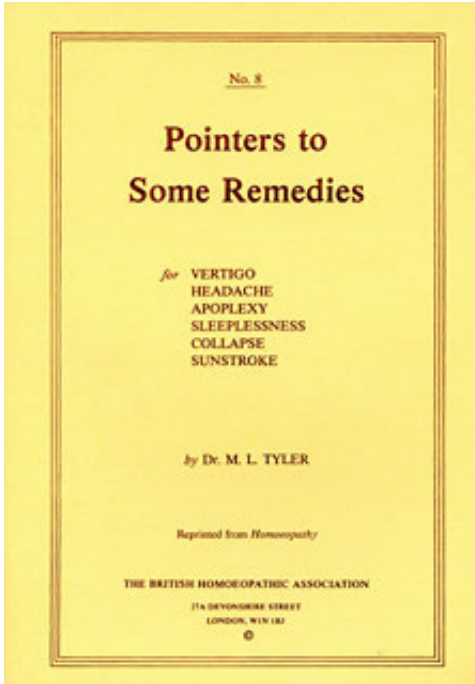
WITH INDICATIONS

- Conium* .. A very great remedy of vertigo—*of its kind*. Vertigo, *turning or moving head, turning eyes*. Sensation of turning in a circle. Lying, *as if bed turned in a circle*. Vertigo on turning eyes when lying. Vertigo turning in bed : looking round :— When rising from a seat:— When watching moving objects. Cannot endure the slightest alcoholic drink. Curious symptom : sweats, day and night, on closing eyes.
- Sanguinaria* .. Dizzy : *cannot turn quickly* without fear of falling.
Vertigo with long-continued nausea and headache : then spasmodic vomiting.
With sensation of some hard heavy substance in stomach.
Vertigo on quickly turning head : looking up : lying down : during sleep.
Rush of blood to head with dizziness; feels sick and faint : would fall if she rose from sitting.
(One of the "sick-headache" remedies.)
Vertigo in cold weather.
- Aconite* .. Vertigo : *on rising up from lying* ; red face becomes deathly pale ; or, becomes dizzy, falls : and fears to rise again ; with nausea. Vanishing of sight, or unconsciousness.
Vertigo, from fall or concussion : after a fright : anxious as if dying : must lie down.
Vertigo from congestion, as in the sun (*Bell.*) : on stooping : staggers to right.
Ailments with anxiety and restlessness.
" *Aconite is a great storm and soon over.*"
" A woman runs up suddenly against a dog and becomes violently dizzy. Vertigo that comes on from fear : from sudden fear."

N.B.—Manipulation of neck—atlas—will often cure vertigo.

- Bryonia* Vertigo, rising; from a seat, or from lying.
Dizzy and faint on raising head.
Worse from least motion.
Vertigo and confusion on least motion.
Typically, tongue dry: constipation with hard dry stools.
Thirst for large drinks. White tongue : irritable. Better left alone.
Curious symptoms, sinking with, or through bed. (Comp. *Thuja*.)
Tendency to run backwards. (Comp. *Camph. monobrom.*)
- Nux* Vertigo : *rising from seat or bed (Aeon., etc.)* : or raising head (*Bry.*).
Vertigo with vanishing of sight and hearing:
At night, wakes him from sleep. After stooping: when looking up: must clutch something to avoid falling. Objects seem to move round him. Falls forward—to one side—backward. As if brain turning in circle : room whirling. Reeling in a.m. ; after dinner ; red, hot face,
vision obscured : staggering. *From digestive disturbances*; constipation ; sedentary habits ; alcohol ; smoking ; smell of flowers, gas ; from mental over-exertion. (Comp. *Phos.*) *Nux*, typically, is irritable : oversensitive :
drowsy p.c. Chilly if uncovers or moves. Better for sleep. Red face.
- Belladonna* A remedy of *suddenness* : of violence.
Has quickness of sensation : of motion.
Pains come and go suddenly.
Blood goes to head, with vertigo.
Vertigo with pulsations in head, dilated pupils, nausea. As if being rocked : when lying down : as if
bed bounced her up and down. When stooping : at night : turning in bed : with every change of position. *As if sinking with, or through bed (Bry., comp. Thuja).*
Tends to fall to left, or backwards.
Objects sway to and fro.

- Phosphorus* .. Vertigo : *looking upwards, downwards*. On rising from a seat : on moving head. Sensation, as if looking down. *Chair seems to rise with him*. Sensation, as if would fall forwards. Staggers while walking. Everything turns. Worse lying on left side. Worse mental exertion : smell of flowers (*Nux*). Typical *Phos.* tall, thin ; craves cold drinks : ices : salt. Fears thunder, the dark : being alone.
- Natrum muriaticum* . . Vertigo *with flickering before eyes*. Objects turn round.
Tends to fall forward.
After coffee, tea, alcohol, tobacco (*Nux*).
From straining eyes or close study. Typical *Nat. mur.* weeps, but no one must see : sad, reserved. Craves salt.
- Opium* . . Great vertigo *compels him to lie down*.
As if *all went round in a circle with him*.
Giddy intoxication : staggers hither and thither.
Vertigo from injuries to head : after fright. As *if flying or hovering in air* (rev. of *Bry.*, etc).
Fainting turns with vertigo, rising from bed : with return of animation on lying down.
- Secale* .. VERTIGO : constantly increasing: stupefaction.
Reeling : inability to stand upright.
Head, esp. occiput, feels light (*Gels.*, rev. of *Tabac*). Unsteady gait.
Typical *Secale* is emaciated, withered, wrinkled ; with unhealthy skin.
Externally icy-cold ; yet burns internally.
Numbness ; tingling ; crawling ; cramping.
- Onosmodium* .. *Fears to look down, lest she fall down* (Comp. *Gels.*)
that she might fall into fire : " in spite of all his will power, did fall into fire."
Inco-ordination. Misjudges distances.
Staggering. Feels as walking on cotton.
Curious symptom : *headache worse in the dark*.



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