

Assilem Melissa The Mad Hatter's Tea Party

Leseprobe

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von [Assilem Melissa](#)



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THE INNER CHILD

The third theme is that of the child within. I am a great follower of Alice Miller, whom I am sure many of you know. She was a psychoanalyst who had moved away from Freudian and Jungian work and into becoming an advocate of the inner child. She did not claim to have invented the idea, but she was certainly the first to use the concept to explain so many unanswered questions concerning human nature.

Jung said of the inner child:

"In every adult there lurks a child— an eternal child, something that is always becoming, is never completed, and calls for unceasing care, attention, and education. That is the part of the human personality which wants to develop and become whole."

It is this child that gets hurt and injured and lost, along the way, through neglect, abuse and violation. After Jung, Alice Miller extensively developed the idea that, by each of us learning to parent our own inner child, we may come to wellness.

In many senses what we do as homeopaths is aid our clients to search out the wounds of the child and bring them to awareness. We are asking them to look at and relate to us traumatic events, griefs, and wounds from their past. As they do this we can then mirror the injury with a remedy and facilitate them in their healing process.

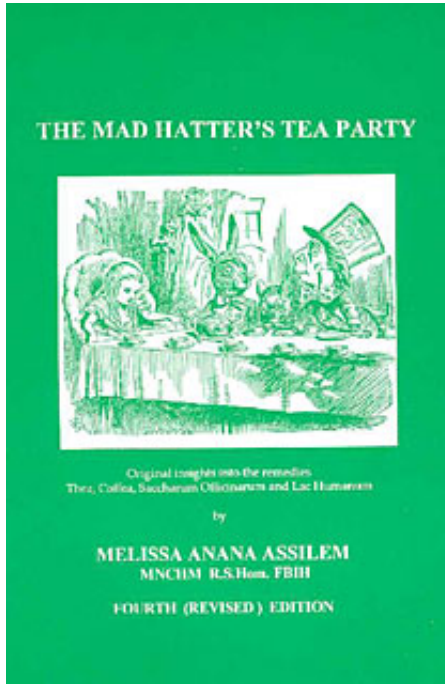
I have hung a painting by Judy Chicago in my therapy room at home, across from where my clients sit so they can look at it during their appointment. It is a stylized flower whose petals have been peeled back to show the inner core which is stunningly beautiful. This is the source of our life force, our creativity, our passion, our search for the wilder-ness. Each step in our healing process leads us to this core. What is the core if it isn't embodied in the inner child? Perhaps we could call it the soul, but it is the child who is closest to the soul. The soul gives birth to the spirit, and it is the child who has just recently taken the soul into itself and is being shaped by it. It is the child who is born, bursting with

creativity, the child who holds the key to the soul.

We talk about our birth remedy in the same way that astrologers talk about our birth signs among the planets. Some call it our constitutional remedy. We say things like I'm a Lycopodium, or I'm a Sulphur. Whether accurate in prescription or not, the concept is that of going back to our raw material, before it was damaged, suppressed or distorted. This is how the concept of treating the inner child works for me. Our clients are on a journey to give birth to themselves and the remedies are mere enablers in this process.

Deception

There is another theme to this, and that is uncovering lies. Most of these lies and deceptions are no longer intentional, if indeed they ever were. They are all or mostly about self-deception but many have their roots in greed, power and powerlessness. Greed, which Hahnemann saw as the root to the miasm he named Sycotic, comes from the fear of not having enough, the fear of losing out, the fear of poverty, and starvation. In other words, from the first miasm, the Psoric. One of the most insidious side effects of greed is racism. If people who are not the same as us, are looked down on as inferior, or as not quite being able to have the same feelings or sensibilities as us, then we don't have to feel too guilty about exploiting them. As a society, we have a fear of our feelings that leads to all sorts of pitfalls. So we cannot talk about tea, coffee or sugar without looking at the effect they have had on us in their crude form.



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