

Rajan Sankaran

The Mind

Leseprobe

[The Mind](#)

von [Rajan Sankaran](#)



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SECTIONS

A—Importance of Knowing the Mind.

B—How to get Mental Symptoms.

C—Analyse the Situation.

D—Evaluation of Mental Symptoms.

E—The use of Repertory.

F—Management of emotionally affected patients.

G—Questionnaire for Mind.

A. Importance, of Knowing the Mind

I. Importance in physician-patient relationship.

In practice, a good relationship, even more than a cure is expected by the patient. The patient should feel that someone knows him, understands him, recognizes his assets and only such person he accepts as a source of strength. The doctor is, most often, the only person to whom the patient can talk things which he cannot tell anyone else. In a survey of a few patients there was substantial agreement that physicians did not have enough knowledge of emotional, socio-economic and familial problems and they did not care much for these problems. Also they did not care to explain in non-technical language what the patient is suffering from. This left patients dissatisfied and increased fear.

Only if the physician understands the patient's mental attitude towards his disease, his fears regarding his insecurity and only if he allays the fears, will he pave way for a better mental attitude which will help in cure.

II. Innumerable diseases originate and are maintained due to psychic disturbances. Unless this base is understood the physician can't claim to treat successful.

Conditions like obesity can be caused by over-eating due to emotional upsets. This can't be treated unless the emotional cause is understood.

Rheumatoid arthritis is often precipitated by marital disharmony or separation from crucial figures in a patient's life among other things. Sterility can be caused by emotional strain which causes tubal spasm.

Besides these, innumerable diseases like respiratory and heart diseases, allergies etc. can be caused or aggravated by emotional stress.

III. The knowledge of the patient's mind is very important in the diagnosis of :

- (a) Predominantly psychic diseases like the various psychoses, neuroses, phobias, addictions and especially psychogenic pain.
- (b) Physical (somatic) disorders like cerebral neoplasia which causes characteristic symptoms of depression etc. Poisons also present with characteristic mental symptoms. Metabolic disorders like hepato-cellular dysfunction presents with characteristic encephalopathy. Also circulatory, traumatic, nutritional and infective disorders present with characteristic mental symptoms.

IV. And lastly I need not mention that for us, as Homoeopaths, the mind is so often the basis of our prescription.

B. How to get Mental Symptoms

We, as Homoeopaths, give much value to the Mind. But often the mind is very difficult to elicit and analyse.



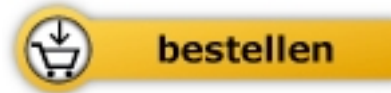
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