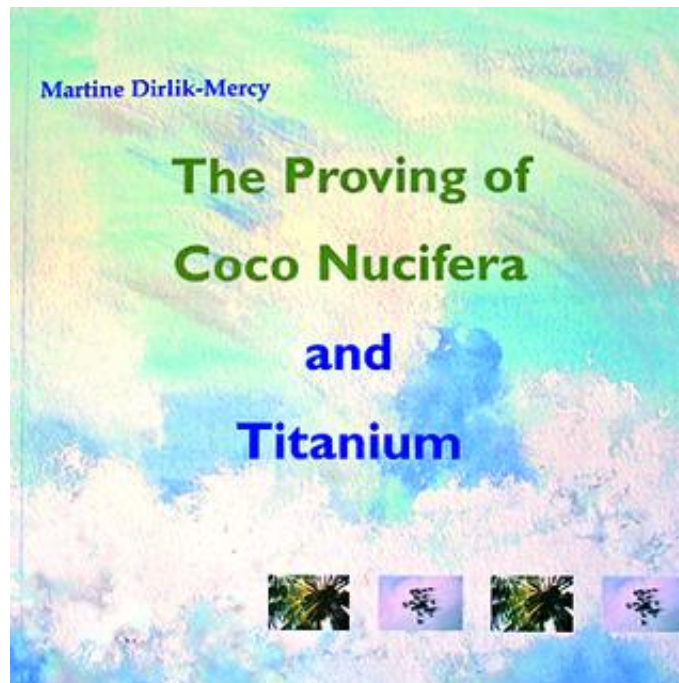


# Martine Dirlik-Mercy

## The Proving of Coco Nucifera and Titanium

Leseprobe

[The Proving of Coco Nucifera and Titanium](#)  
von [Martine Dirlik-Mercy](#)



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### 3.1.3.a. M.E. Case

In view of these symptoms I prescribed coconut oil for one of my patients who was suffering with M.E. This young man, born in 1969, was an investment manager. After a holiday in Greece, he came back with a viral infection. He was complaining of vertigo, nausea, extreme tiredness, a lot of pain in the lower limbs, especially the ankles. He could not walk very far, he felt numb, as if he was dead.

Prior to his appointment he had suffered diarrhoea for 12 months and loss of weight. He could not cope with work. He did not know how he would ever return to work. He had been taking Prozac for six months.

On the first consultation it was difficult to obtain any information from him with regard to his family history because he was so concerned with his physical state. I felt that the Prozac had created very thick layers around this man and he could no longer relate to his own emotions.

When he came back two months after being prescribed Coco Nucifera he had much more energy, and told me that he had been gardening. He did not get emotionally 'down' as much as he used to and seemed to accept things better.

I realised that there was a lot of anger inside him about his parents' divorce and now he was able to talk about it. Walking and climbing stairs was still difficult and he felt that his legs were locking up. The next prescription was Rhus Tox to help the persistent stiffness and lack of mobility of his joints, and also to free him from the childhood he had buried in his unconscious mind along with a lot of anger and a feeling of being a victim, as he had had to carry his parents' hurt. He had felt very lonely in the past and did not have a confidante. The patient did very well but after coming back from Italy later on in the summer, the old symptoms returned. Not as strongly but enough for him to consult me again. This time I decided not to prescribe on his own description of how he felt but on the way he felt his future father-in-law saw him. 'He thinks that I am a very lazy person and that I am so nonchalant and indifferent that I am trying to seek attention. I am really indignant and cross about it. I have already lost my self worth'.

This young man was very active before his illness: always racing, always after a challenge, always wanting to learn and obtain extra skills. He liked to compete. At work he used to

resent his boss, who gave him few compliments even though he was very capable.

Applying Jan Scholten's theory, I decided to prescribe Oxygenium 200, one drop when needed. The patient has done very well since and gradually went back to a part-time job in the bank and is now full-time. Gradually freedom was restored to the patient after giving coconut oil. I chose this case because we moved on from coconut oil to two remedies, Rhus Tox and Oxygenium. It was like an opening and eventually fresh air came into his lungs and gave him the strength to pursue his road through life.

#### **3.4.1.3.b 'Suffocation' case**

I would like to give you another case with the lack of fresh air and the feeling of suffocation.

I saw this patient in the summer of 1994. She was suffering from asthma. She had a lot of difficulty in her private life with her husband and children. She really wanted to get away from the situation and was contemplating divorce. She was on Prozac because she could not cope with her family situation. She felt as though she is at home too much.

She felt angry with herself and that although she had no control over her family, she did not want to leave them. She was very lethargic and struggled to get to work. I gave the patient Coconut Oil 6, one drop to be taken when needed.

The remedy was given in August 1995, and in October 1995 the patient came back and told me that she was so much more organized.

She got up in the morning and was ready in no time: she was more interested in herself and her future activities. She did not feel like escaping any more and was happy with her home and family life. The patient said that her breathing was much better.

In October 1997 the patient met many more difficulties in her life. Her husband had left her and her mother had died. In these hard situations her asthma has not returned and her breathing has remained good. She has been able to stand up for herself much better than she could have anticipated.

#### **3.1.4 Feeling of disorientation**

Dizziness is another symptom felt by the provers. They describe their symptoms as 'I do not feel "with it", I have a sensation of swaying, I feel that there is nothing to hold on to '.

Weeks later, after a holiday abroad, the patient, who had recovered from the muscular pain but felt very disorientated, found it difficult to get back into normal life and work, something that had never happened before. She developed a feeling of not being 'fully aware' and dizziness, possibly due to the jet lag after her long flight and the return to a very pressurised job. She resented the fact that nothing had been done in her absence and it felt like all the work had been saved for her return. She felt discouraged.

She needed fresh air. While she was on holiday she read about angels and heaven, bought angel cards and a book about breathing. She dreamt of being pregnant or dying at the same time.

It was decided after repertorisation to give the patient one dose of Hydrogen, which totally cleared the feeling of confusion and improved her concentration at work. The remedy brought back, for a short time, the aching in her joints, reminding her of her initial trauma.

The following rubrics were chosen for the repertorisation:

Delusion she is pregnant Delusion she is in heaven

Discouraged Concentration difficult As if in a dream

Aversion to mental work Spaced out feeling

After Hydrogen she felt more grounded and also cut down drastically on the number of cigarettes she smoked.

### **5.3.3 Danger of shipwreck: Lac Delphinum**

In this section, I would like to also add another image - the one of the shipwreck. Imagine a coconut travelling from Malaysia, floating along the currents, being carried to the coast alongside shipwrecks. Legends tell us that beautiful mermaids are to be found near shipwrecks. Those lovely mermaids do influence sailors and possibly the coconut which is lying there by

the shipwreck .You will have to be aware that they can grow there, but they will grow into 'a dream'.

So you might find as a homoeopath you 'may' have to transplant, to re-orientate, the coconut back again to the sea, to a different soil. The remedy in this case, which is the nearest to the 'mermaid syndrome', is Lac Delphinum.

As you know Lac Delphinum is the nightingale - the Red Cross of the sea. I have used it as an anti-mermaid remedy.

### **5.3.4 Infertile Soil: Granite and Marble**

When Coco Nucifera is lying there in a soil that is not appropriate, for instance, not fertile enough, too barren, you will find there will be very little growth; in some cases no growth at all.

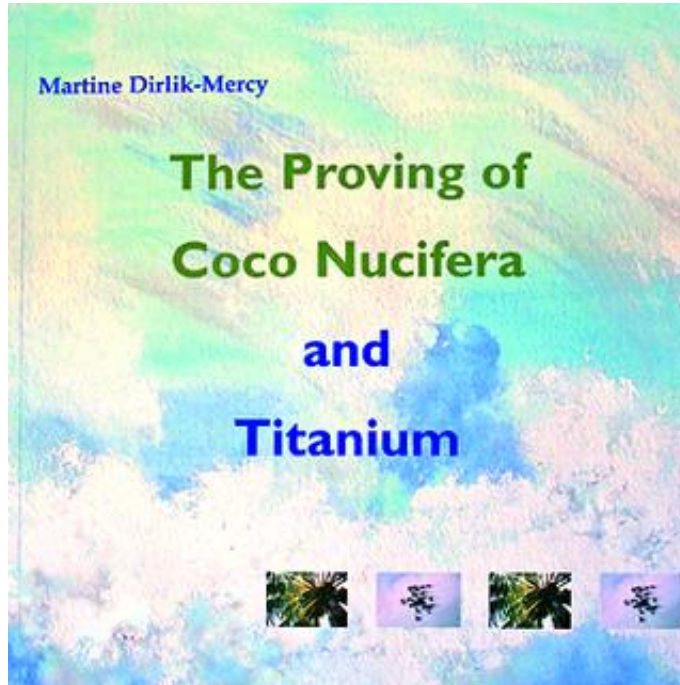
Unlike the animal world where animals will leave an unfriendly environment, human beings tend to adapt to poor environment. They tend to adapt to a poor companion. Their adaptation can sometimes be the beginning of the possible illness, especially if one of the characters is not allowed to develop.

Before describing the case which illustrates this type of growth in an infertile soil, I would just like to remind you that the two remedies which correspond to this type of soil are Marble and Granite. They tend to have insensitivity to others and have a lack of understanding for others. They impose their own view and suppress the growth of others.

When you read the mind symptoms in the proving of Granite, you can relate to the problem of the Coco Nucifera patient when associated with a poor barren soil.

#### **Granite:**

an unsympathetic person  
unfeeling person  
rather indisposed to talk they will show  
indifference and selfishness  
want to be left alone



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