

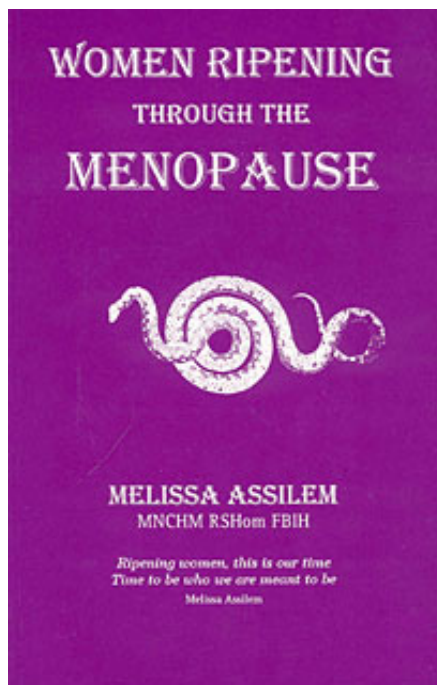
Assilem Melissa

Women Ripening Through The Menopause

Leseprobe

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von [Assilem Melissa](#)



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For Example, Ely Warker MD, from the 1906 *Journal of American Obstetrics*, was very critical of these operations but had his own additional mix of oppression.

A women's¹ ovaries belong to the Commonwealth, she is simply their custodian. (...Making a guess at figures, I believe it to be in the mark to say that the one hundred and fifty thousand physicians of the United States have sterilised at least one hundred and fifty thousand women. Some of this large number have openly boasted, when the lunacy was at it's height that they have removed from 1500 to 20000 ovaries. (Callagan: 26)

He was pointing out a malpractice but was continuing the myth of the fetishised ovary. The idea was still very present that God invented the uterus and the ovary and built up a women around them.

44 It was thought that this was not a problem for poor women. They were being exploited in other ways through endless other forms of servitude.

HYSTERIA

Hysteria was given its present meaning by Renaissance doctors (an oxymoron?) who explained women's diseases with a theory that the womb sometimes became detached and wandered about the body, causing uncontrollable behavior.

All female diseases are merely the sympathetic reactions or the Symptoms of one disease. namely a disease of the womb.

The following is from *Advice to a Mother- On The Management o/Her Children* P.H. Chavasse FRCS - 14th Edition- 220,000 copies sold. Pg 323

Aphorism 484. At what period of life is a lady most prone to Hysteria, and what are the Symptoms? The time of life when hysterics occur is generally

from age 15-50. A patient, just before an attack, is low spirited; crying without a cause; she is nervous, has flushings of the face; and at other times is very pale; she has shortness of breath and occasional palpitations of the heart; her appetite is usually bad; she passes quantities of colourless limpid urine, having the appearance of pump water; she is very much troubled with flatulence in her bowels, and in consequence, she feels bloated and uncomfortable. The "wind" at length rises upwards to the throat, giving her the Sensation of a ball stopping her breathing, and producing a feeling of suffocation. The Sensation of a ball in the throat (globus hystericus) is the commencement of the fit.

She now becomes partially insensible, although she seldom loses complete consciousness. After a short time she throws her arms and legs about convulsively, and beats her breast, tears her hair and clothes, laughs boisterously and screams violently; at other times she makes a peculiar noise; sometimes she sobs and her face is much distorted.

485. What are the causes of Hysterics?

Delicate health, chlorosis, improper and not nourishing food, grief, anxiety, excitement of mind, indigestion, flatulence, and tight lacings. Hysterics are frequently feigned; indeed, oftener than any other complaint; and even a genuine case is usually much aggravated by a patient herself giving way to them.

486. What do you recommend an hysterical lady to do?

To improve her health by proper management; to rise early and to take a walk...employing her mind with botany, croquet, etc. Above all not to give way to her feelings.

Compton Burnett equates hysteria with unsatisfied sexual longing.

ENTER THE MIND EXPERTS

By the turn of the Century psychiatrists became the specialists in diseases of the mind. Psychoanalytic "truth" was developed to, Support and reinforce the power of gynaecology over women's lives. (Dickson and Henriques: 51)

Freud stated that hysteria expressed some conflict or uncongenial memory. In his is book *The /Eteology of Hysteria* he said that all his hysterical patients had been sexually violated as children, and the Information was brought to consciousness by hypnosis. Pressure of his peers made him change his mind. 100 years later Freud's first analysis seems to be the one that was correct.

Under Freud's influence. the scalpel for the dissection of female nature eventually passed from gynaecologists to the psychiatrist ... Freudian theory held that the female personality was inherently defective, this time due to the absence of a penis. rather than to the presence of a uterus. (Daly quoting Ehrenreich and English: 228/43)

The hysterical outbursts of Victorian women were surely the Spiritual emanations of those who were being profoundly exploited, deprived, repressed, degraded, mutilated, tortured and totally cut off from their inner rhythms.

CIMICIFUGA Actea Racemosa - Black Cohosh



It seems fairly appropriate to be looking at this remedy after the long history lesson.

Cimicifuga, or Black Cohosh, is another wonderful plant that we learned about from North American Indian women who used it for possibly tens of thousands of years to bring

on menses when it had been retarded by cold or chill, and as an ovarian toner. It was used in Africa to elevate depression and calm nerves.(Parvati)

Recent herbal research shows that it lowers luteinising hormones (LH). The plant contains a precursor to oestrogen, and has an ostriol-like effect. Research has been done in comparing it to HRT in menopausal women and in younger women after hysterectomy, with better results, according to N.D. Michael Murray. He says it works well on improving the vaginal lining, hot flushes, night sweats, heart palpitations, and headaches, as well as depression, anxiety, nervousness, sleep disturbances, and decreased libido. Be that as it may, it is a balancer for hormonal activity, and also rheumatic pain. It contains salicylic acid(as in aspirin). Herbally it was sometimes combined with Caulophyllum for uterine conditions and with Bogbean for rheumatic pains.

Homoopathic Cimicifugawas introduced by Hale. Hering considered it to be a polychrest. Kent however, pushed this remedy to the back burner when he surprisingly said that it had a meager proving and only a few useful Symptoms. He apparently didn't like the remedy or was misinformed. He has thirty-five black type and italic references in his repertory compared to seventy in the complete.

When you run all the Symptoms in the complete repertory with the designation climacteric or menopause, Lach, Sep and Cimic come up top. If you run the mental Symptoms alone, Cimic comes first. If you run all the rubrics for hysteria, Cimicifuga also comes up top. So it is an "hysterical" remedy.

What we call hysteria is the repression of a state in which the body-consciousness is increased. It is possible that what we call 'states of possession' or 'Shamanism' are such states of 'hysteria' but controlled and extended in such a manner that the information from the extended senses can be usefully employed. (Shuttle and Redgrove)

As I pointed out at the beginning of this book, the first shamans were women.

One of the keynotes of Cimic. is alternation of physical and mental symptoms. They get overwhelmed with gloom, as if surrounded by a cloud. The sadness passes when the pain Starts and returns when the pain subsides.

The greater the flow, the greater the pain. There are severe pains all through the flow. Everything is < during the flow; the sadness, rheumatic pain and the cramping.

There is great soreness of the uterus and ovaries, and there may be a muscular twitching. They are cold and chilly and must be wrapped up. There is much lower back pain and lumbago. Margaret Tyler calls this remedy the Herball Chiropractor.

They may be terrified of losing control or Cracking up especially during the menopause. Physically they suffer from prolapse with a bearing down Sensation. They get hot flushes with pale, ashen face, maybe with cold forehead. There may be flooding and/or headaches with a deep depression.

They may be fairly stable people who get along well until they undergo some stress that may have to do with injustice. They get ailments from disappointed love, emotions and excitement, and from grief like Aurum.

They can be totally silent until asked the right question and then they are unstoppable, they become extremely loquacious. However they find it difficult to talk about what they need to talk about possibly because that are afraid to do so. They are afraid someone in the house will kill them.

They cannot talk about the abuses they have suffered because they are afraid they will be killed for it, or because they feel no one will believe their story. They believe that everyone will think they are hypochondriacs, or that in some way they could not have suffered as much as they have, so they don't tell all of their suffering.

They might talk a lot but you find that they change the subject, often, which is probably a sign that they have

something they feel they must hide. They may be unable to articulate what is going on inside, due to lack of language around their experiences. They may never have been allowed to perceive of themselves as of any import, therefore they must be exaggerating the scale of their suffering, so they ramble in an attempt to express themselves. They may become suicidal, and appear totally mistrustful. The depression in the silent stage may feel to them suicidal.

The suspicious nature of the remedy makes me think that at least there is some sense of self preservation left. There is a spark of rebellion here. They won't take the medicine. Good for them, hey? But what happens when they have to live on and on in this prison full of fears and frightening things? They withdraw their energy and begin to hold on and hold back. They withdraw into themselves. This is a survival pattern because it is the only safe thing they can do. It feels dangerous for them to be in the world. They imagine dangers at every turning. They feel they are constantly facing danger. They have ailments from fright and easily frightened. They are terrified of something. The trouble is that this sort of behaviour had been described as hysteria, which means acting out of control for "no good reason". They hold and hold and hold until they can hold no longer until their spiritual emanations burst out in fits of fear, and no longer controllable behaviour.

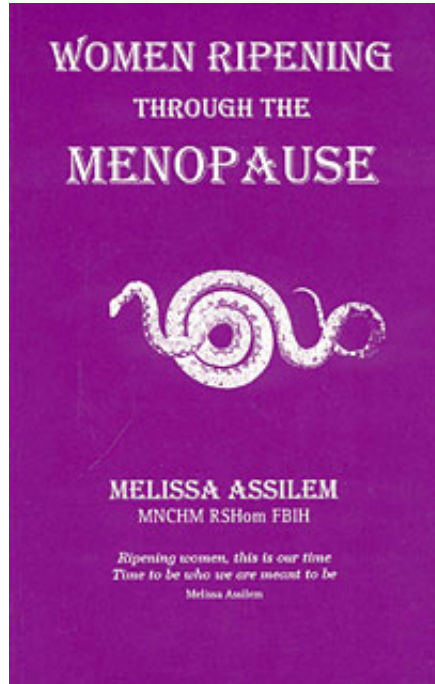
So might not a woman who has been in the hands of the medical managers, physical torturers and the psychological jailers of the past centuries not perhaps find herself in this Situation. This remedy is about entrapment. Delusion that they are in a wire cage. Unable to proceed. Energy flowing along and then suddenly coming to an impasse. Matthew Wood says he has used it lots with whiplash, and this of course is an injury from a sudden stopping. No longer able to go in the direction intended. For me it is like the prison walls closing and no outlet can be seen. No outlet for expression, no outlet for potential. The depression that comes is very profound, and comes after the stasis has been reached or the impact has happened. They feel hopeless, see no light at the end of the tunnel.

They lose their Spiritual spark. They lack trust in themselves and in others. Therefore unable to Step through the doorway to the next rite of passage in their life. So this remedy treats the suppression, and allows the woman to move forward again In the direction of her choosing, or in the direction of her destiny, unblocked uncaged, and unfettered. The remedy helps open the gates.

Menopause is a liberation, so perhaps this remedy is one that holds the message for us that indeed stepping through the invisible doorway in the seemingly impenetrable wall is possible and is an avenue to new kind of freedom.



(with kind permission from Debra Koff-Chapin)



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