Rajan Sankaran
A Portrait of Natrum-Mur

Leseprobe

A Portrait of Natrum-Mur
von Rajan Sankaran
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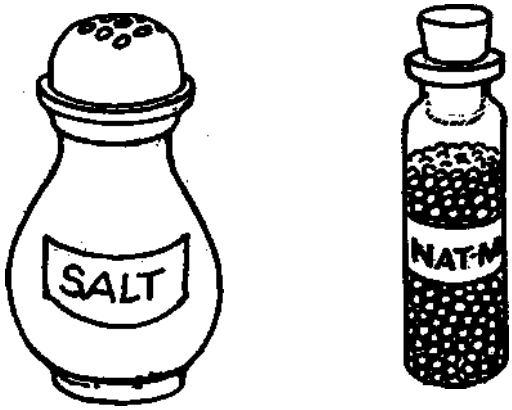
WHAT YOU WILL FIND IN THIS BOOK

Drugs are like friends. First we have a nodding acquaintance then closer friendship. As we get to know the friend more and more, we recognise him from his footsteps and even from the way he rings the door bell. Similarly, when we read more and more about the remedy and meet it in practice, we come to recognize it even when it is partially seen or appears disguised. This ability is often called "intuition".

The problem of how to study a remedy and how to teach it has baffled many a homoeopath. We have Hering's voluminous Guiding Symptoms and that magnum opus, Allen's Encyclopedia. Smaller Materia Medicas like Boger's Synoptic Key or Boericke's Materia Medica too give us a schematic list of symptoms. These works adorn our libraries and are valuable reference books. But if we go into them to study and understand the remedies, we are likely to run away from Homoeopathy for life. The Materia Medica Pura, for instance, begins with the symptoms of giddiness and ends with mental symptoms. One famous homoeopath remarked "Hahnemann's Materia Medica Pura begins with vertigo and ends in confusion".!

In this book Natrum Mur will not be a mass of unconnected symptoms. You will see its symptoms forming a definite picture. You will meet Natrum Mur again and again. Sixty most famous Homoeopaths will share with you their clinical experiences of Natrum Mur. You will know how the Natrum Mur patient thinks, talks, walks. You will recognise the various forms in which Natrum Mur can present itself. You will learn how to clinically differentiate Natrum Mur from other similar remedies.

Natrum Mur will come alive for you.



Natrum Mur is common salt in potency. It is the best example of the value and power of potentisation. Common salt which is consumed in large quantities daily, becomes one of the most powerful medicines when potentised.

NATRUM MUR : CHARACTERISTIC SYMPTOMS

GENERALITIES:

Natrum Mur profoundly affects the nutrition. MIND, heart, liver and spleen come under its influence. The patient is thin, thirsty and poorly nourished. Emaciation: descending, of neck or abdomen. MUCOUS MEMBRANES and skin may be DRY or may produce thick, white or clear, watery, acrid discharges. Dryness of the mouth, throat, rectum, vagina etc. Numbness, parts seern too short. Easy exhaustion. Contraction of muscles, tendons. Trembling. Prostration. Emaciation even while living well. Tendency to take cold. Ill effects of disappointment, fright, grief, fit of passion; loss of fluids, masturbation; injury to head; silver salts, salt.

WORSE

Exact periodicty. 9 to 11 a.m.; with the sun, Alternate days. HEAT, of sun summer; dampness. Exertion - of eyes, mental, talking, reading, writing. Violent emotions. Sympathy. Puberty. Quinine. Bread, fat, acid food. Coition. Sea shore. Chronic sprains. Noise; music. Touch. Pressure. Full moon.

BETTER

Open air. Cool bathing. Sweating. Rest. Going without regular meals. Tight clothing. Deep breathing. Before breakfast. Rubbing. Lying on right side.

MIND

Hateful; towards person who had offended him. Averse to consolation or fuss. Sad; during menses; without cause. Reserved. Hypochondriac. Weeps bitterly; or wants to be alone to cry. Weeps involuntarily. Cheerfulness alternating with sadness. Dwells on past unpleasant memories. Anxiety. Apprehension. Fear or dreams of robbers. Awkward. Absent minded. Revengeful. Immoderate laughter with, tears. An idea clings, preventing sleep, inspires revenge. Alternating mental conditions. Aversion to men (females).

HEAD

HEADACHES, hammering}. over eyes agg» on awakening; from sunrise to sunsetj during, before or after menses; motion$ 'reading; amel. sleep, pressure. Headache, anaemic, of school girls left skied clavus; as if bursting, as though a thousand little hammers were knocking in the brain. Headache, beginning with blindness, with zig-zag dazzling, like lightning in eyes, ushering in a throbbing headache; from eye strain.

EYES

Lachrymation. Eyes give out when reading and writing.

NOSE

Violent fluent coryza lasts one to three days, then stoppage of nose high up, making breathing difficult. Hay fever.

FACE

Shiny as if greased. Herpes; about the lips or at the edge of hair, pearly. Crack in the middle of the lower lip.

MOUTH

Tongue; mapped, beaded or striped along edges. Sensation as of a hair on the tongue.

THROAT

Hawks much mucus, bitter, salty. A dry, sore spot in the throat, tickles and causes cough. Sore throat; with sensation as if she has to swallow over a lump.

STOMACH

Desire; FOR SALT, bitter things; for sour things, farinaceous food,

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oysters, fish, milk. Thirsty, drinks large quantity of water. Great hunger yet emaciates. Averse to bread, meat, coffee, tobacco. Feels better on an empty stomach.

ABDOMEN

Stools; dry, hard, crumbling, tears the anus or causes burning. Constipation on alternate days.

URINARY

Has to wait long for urine to pass especially in the presence of others. Urine involuntary when walking, coughing, laughing.

MALE

Depression after coition. Suppressed gonorrhoea.

FEMALE

Aversion to coition; which is painful from dryness of vagina. Debilitating leucorrhoea, white, thick, instead of menses. Prolapse of uterus. Pressing, pushing towards genitals every morning, must sit down to prevent prolapsus.

HEART

Palpitation, shaking body or alternating with beating in head.. Fluttering of the heart; with a weak faint feeling agg.lying down.

EXTREMITIES

Trembling of the hands when writing. Cracked finger tips. Palms hot and sweaty. Painful contractions of the hamstrings.

SKIN

Oily, dry, harsh, unhealthy or yellow. Chaps or herpetic eruptions agg. in flexures. Dry eruptions on margins of hair. Warts on palms and hands. Corns. Eczema; raw, red, inflarhmed, especially on edges of hair, agg. from eating too much salt, at sea shore, or from ocean voyage. Urticaria, acute or chronic; over whole body, especially after violent exercise.

SLEEP

Sobs during sleep. Awakes feeling weak. Dreams of robbers. Somnabulism; rises and walks about room. Starts and talks in sleep.

FEVER

Intermittent; paroxysm at 10 or 11 A.M., old, chronic, badly treated cases, especially after suppression by quinine. Headache, with unconsciousness during chill and heat; sweat amel.pains.

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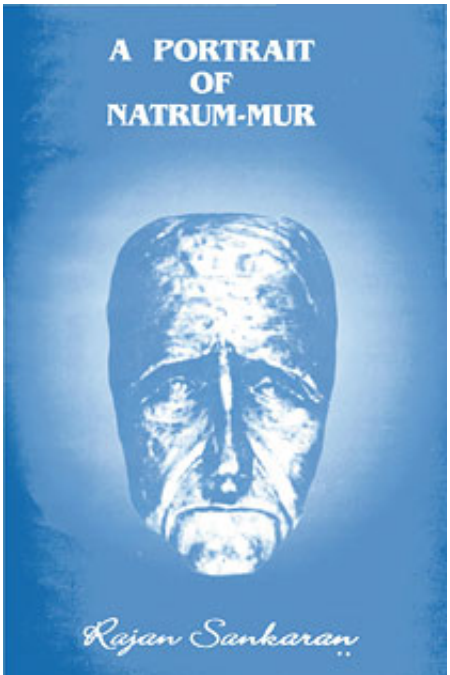

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