Boericke / Kent
Boericke's Pocket Manual of Homeopathic Materia Medica and Kent's Repertory of the Homeopathic Materia Medica

Leseprobe

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Publishers' Foreword

Boericke's Materia Medica with Repertory has been a constant source of fascination for nearly 100 years. What is its secret? William Boericke described the concept behind his materia medica in these terms:

a compact materia medica
with the maximum number of reliable facts
in the minimum space.[1]

The same principle was followed by his brother Oscar, who produced the accompanying Repertory. The combined volume consequently has wider scope than a good many large encyclopaedias, yet can still easily fit into any seminar bag.

Within the materia medica, about 1200 remedies were mentioned, 600 described in more detail. This extensive coverage was achieved through extremely skilful information selection. Boericke stressed the importance of well-verified symptoms from provings and offered succinct resumés of familiar remedies. However, like Hering, he advocated an inclusive approach to homeopathy and also featured new medicines and symptoms derived from published clinical experience. Echoing Compton Burnett's words, he embraced a homeopathy that is "expansive, progressive, science-fostered, science-fostering, and world-conquering".[2] In this way, he achieved a successful balance between major and minor remedies. *Thryeoidinum*, for example, known only from clinical use, was described in just as much detail as the thoroughly-proved remedy *Acidum nitricum*. It is perhaps this combination of editing wisdom and open-minded vision which is the key to the work's popularity.

Substantial revisions and additions have been made for the current edition and a summary of these is given in the Editors' Notes.

In keeping with Boericke's spirit, we have added over sixty new remedies whose properties have only recently been explored, but which have already become indispensable in daily practice. These include, for example, *AIDS*, *Bambusa arundinacea*, *Boa constrictor*, *Influenzinum*, *Lac humanum*, *Lapis lazuli*, *Neon* and *Tourmalinum*. Some existing entries also have modern supplements, such as *Atropinum*, *Formica rufa*, *Hedera helix*, *Pyrarara* and *Solanum tuberosum aegrotans*. All these "new additions" are marked with a + in the List of Remedies starting on page 3 and within the Materia Medica section. Remedies previously appearing within other entries have been given their own separate entries here. These are marked * in both the remedy list and materia medica.

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[1] In the Preface to the 1927 9th Edition, included in this book.
[2] Compton Burnett J, in Chitkara H L,"Best of Burnett", B. Jain, New Delhi, reprinted 2005, p116, cited in Boericke's Preface to the 9th Edition, 1927.

Themes for the following remedy groups are also shown within the main alphabetical sequence: *Apiaceae/Umbelliferae*, *Asteraceae/Compositae*, *Lacs* (Milk remedies), *Lanthanides*, *Nosodes*, *Papaveraceae* and *Solanaceae*.

Along with further modern scientific and common names, families and other relevant taxonomic groups have been listed for plant and animal remedies. For mineral and allied remedies, chemical formulas are provided, together with a mention of the relevant Stage and Series of the periodic table for elements.

This additional information on classification is becoming increasingly important in modern homeopathy, following developments such as Sankaran's plant system, Scholten's theory of elements and Klein's seminal work on nosodes. Such mapping facilitates fresh understanding of well-trodden terrain, as well as providing valuable insights into less familiar and unproved remedies. There are valuable summaries in the Appendix showing the periodic table, including the Lanthanides, and the categorization of plant remedies into families.

This new edition is also enriched by the addition of remedy colour preferences, derived from healed patients and reflecting their general mood. This information has been tried and tested in thousands of clinical cases over a period of more than 15 years. To avoid the ambiguity of terms such as green, blue or red, Ulrich Welte's system of colour codes is used to provide standardized references (e.g. 10C for blue-red or 8-10E for red-brown). Welte restored and improved H. V. Müller's forgotten method, and his colour charts, textbook and repertory of *Colours in Homeopathy* are available in printed form from Narayana Publishers. Regular updates are also offered free of charge at www.homeo.de, enabling you to keep your Boericke at the cutting edge.

In summary, this new edition of Boericke is more valuable than ever. As noted above, we have not only increased the number of remedies, but also offer an improved overview of our ever-growing materia medica, affording new perspectives formerly buried in detail. This is where we see the future of homeopathy – not merely in adding to our treasury of remedies, but enhancing their depth and scope. Following in the footsteps of the Boerickes, we hope that this much-loved standard work will continue blazing a trail through the new millennium.

Kandern, December 2012 *The Publishers*

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Lolium temulentum

Lol., *12-14AB*

Lolium annuum, Darnel, Cockle, Bearded rye grass, Annual or bearded darnel, Poison darnel, Virginian oat. [The homonym Lolium annuum Bernh. is Lolium perenne, Perennial or English ryegrass.] *Poaceae/Gramineae.*

Has been made use of in cephalalgia, sciatica, paralysis. Prostration and restlessness.

Mind and Head: – Anxious and depressed, confused. Vertigo; must close eyes. Head heavy. Noises in ears.

Stomach and Abdomen: – Nausea, vomiting. Pain in pit of stomach and abdomen. Severe purging.

Extremities and Nerves: – Gait unsteady. *Trembling of all limbs*. Loss of power in extremities. *Violent pain in calves, as if bound with cords*. Cold extremities. Spasmodic motions of arms and legs. Cannot write; cannot hold a glass of water. Trembling of hands in paralysis.

Compare: – *Sec., Lath., Astra-e*.

Dose: – 6C potency.

*In *trembling* of hands and legs. *See Mercurius solubilis*.

Lonicera pericylmenum*

Lon-p.

Wild honeysuckle, Woodbine. *Dipsacales; Caprifoliaceae.*

Irritability of temper, with violent outburst (*Croc.*). *See Lonicera xylosteum.*

Lonicera xylosteum

Lon-x.

Lonicera segreziensis, Fly honeysuckle, Fly woodbine. *Dipsacales; Caprifoliaceae.*

Convulsive symptoms. Uraemic convulsions. Albuminuria. Syphilis.

Head: – Congestion of head and chest; coma. Contraction of one pupil and dilatation of the other. Sopor, with eyes half open and red face.

Extremities: – Jerking of limbs. Trembling of whole body. Violent convulsions. Limbs and head fall over as if paralyzed. Extremities cold. Cold perspiration.

Compare: – *Lonicera pericylmenum* – Irritability of temper, with violent outburst (*Croc.*).

Dose: – 3C to 6C potency.

Loxosceles reclusa+

Loxo-r., *23-24E*

Brown recluse spider. *Arachnida; Araneae (Spiders); Loxoscelidae*.

The brown recluse spider is mainly found in the south central United States. It forages at night in search of its prey. Its bite can be dangerous. The tissue reacts in a lytic fashion, and the effects of the bite can lead to necrotizing fasciitis.

Louis Klein proved this spider. The information below is abbreviated from his *Clinical Focus*.

Mind: – *Cruel*. Aggressive behaviour without external reason. Argumentative. Impatient, censorious. After physical injury, fight, or violence. Weapons. *Overcritical patients* with whom one is cautious, as if under attack or scrutiny. *Invincible*, ambitious, relied upon. The employer relies on them. Super energy, focus and clarity alternating with or followed by dullness. This stage followed by sudden collapse and fatigue, and isolation. Heavy and dark feeling, morbid thoughts about death and how to kill themselves. *Gothic*. Horror movies. Devil, "sex with devil", possession, black leather. Sadomasochistic. Darkness all around *(Thulium)*. Laughing about suicide. Fear bats and birds. *Isolation*. Isolates with all physical or emotional problems, lack of communication. Loss of desire to contribute. Deception. Cover up. Need for make-up. Feel they look older, unattractive. Feel "like a bag of bones or skeleton". Anorexia nervosa. Delusion that they look better skeletal. Delusion of being small. Hiding. Hurry. Thick speech or muttering, hasty speech. Cloud images in dreams. Dreams of making complicated desserts.

Physicals: – Sudden collapse preceded by great energy. Anorexic, no hunger or thirst. Force themselves to eat. Anorexia alternates with weight gain. Chronic fatigue syndrome. Sleeplessness. Candida. Parasites. Tinnitus. Kawasaki syndrome. Toxic shock syndrome. Ecchymosis, petechiae. Septic states. Cellulitis. Eroding ulcers. Heart palpitations. Aneurisms. Sudden violent pains. Shooting pains in lower back (sacral, lumbar), extending down both legs. Fibromyalgia. Constriction or cramping muscles. Hardness muscles, muscle knots. Desire to twist legs around each other. Yam-coloured sticky stool. Bloody diarrhoea. Enuresis.

Generalities and Modalities: – Periodicity, annually recurring complaints. Craves protein-like foods, eggs, liver, onions; fancy desserts, sweets, whipped cream. < garlic. > hot bathing.

Easily mistaken for: – *Aur., Nat-s., Sep., Lyc., Lat-m.* and remedies from other spider venoms, *Loxosceles apachea, Pyrog., Kali-c., Stram., and Solanaceae.*

Followed well by: – *Med., Petr., Pyrog.*

Luffa acutangula*

Luf-a., 20-22C(?)

Luffa amara, Cucumis acutangulus, Angled luffa or loofah, Ridged or ribbed gourd, Silky gourd, Chinese okra, Laffa [sic] acutangula. *Cucurbitaceae*

Whole body ice-cold, with restlessness and anxiety; burning thirst. *See Camphora.*

Luminalum *See* **Phenobarbitalum**.

Lupulinum*

Lupin.

Lupulin(e). A resinous powder with sedative effects, extracted from the female flowers or fruit scales of the hop plant, Humulus lupulus. *Rosales/Urticales; Cannabaceae/Celtidaceae.*

1X trituration best in seminal emissions. Locally in painful cancers. *See Lupulus humulus.*

Lupulus humulus

Lup., **10C**

Humulus lupulus, Cannabis lupulus, Humulus vulgaris, Lupulus amarus, Lupulus communis, Common or European hop(s), Bine. *Urticales/Rosales; Cannabaceae/ Celtidaceae.*

Is a good remedy in unstrung conditions of the nervous system attended with nausea, dizziness, or headache following a night's debauch. *Infantile jaundice*. Urethral burning. Drawing and twitching in almost every muscle. Nervous tremors; wakefulness and delirium of drunkards. *Giddiness* and *stupefaction*. *Slow* pulse. Perspiration profuse, clammy, greasy.

Mind and Head: – Morbid vigilance. Highly excited. Dull, heavy headache with dizziness. Drawing and twitching in every muscle.

Male: – Painful erections. Emissions, *depending on sexual weakness and after orgasm*. Spermatorrhoea.

Sleep: – *Drowsy* during the day. Sopor.

Skin: – Scarlatina-like eruption on face. Feels like insects crawling under skin; feels chapped, skin peels.

Antidotes: – *Coff.,* Vinegar.

Compare: – *Nux-v., Urt-u., Cann-i., Cann-s*.

Lupulinum – 1X trituration best in seminal emissions. Locally in painful cancers.

Dose: – Tincture to 3C potency.

Lycopersicon esculentum

Lycpr., **15-16D**

Lycopersicum esculentum, Solanum lycopersicum, Tomato. *Solanaceae.*

Marked symptoms of rheumatism and influenza. Severe aching pains all over body. *Pains left after influenza*. Head always shows signs of acute congestion. Hay-fever, with marked < from breathing the least dust. Frequent urination and profuse watery diarrhoea.

Mind and Head: – Bursting pain, beginning in occiput and spreading all over. Whole head and scalp feels sore, bruised, after pain has ceased. Anxiety and apprehensiveness with decided decrease in pulse rate.

Eyes: – Dull, heavy; pupils contracted; eyeballs feel contracted; aching in and around eyes. Eyes suffused.

Nose: – Profuse, watery coryza; drops down throat. Itching in anterior chamber; < breathing any dust, > indoors.

Urinary: – Constant dribbling *in open air*. Must rise at night to urinate.

Respiratory: – Voice husky. Pain in chest, extending to head. Hoarseness; constant desire to clear throat. Expulsive cough, deep and harsh. Chest oppressed; dry, hacking cough coming on at night and keeping one awake.

Heart: – Decided decrease in pulse rate, with anxiety and apprehensiveness.

Back and Extremities: – Aching through back. Dull pain in lumbar region. *Sharp pain in right deltoid and pectoralis muscles*. Pain deep in middle of right arm. Rheumatic

pain in right elbow and wrist, and hands of both sides. Intense aching in lower limbs. Right crural neuralgia. Tingling along right ulnar nerve.

Modalities: – < right side, open air, continued motion, jars, noises. > warm room, tobacco.

Compare: – *Eup-per., Rhus-t., Sang., Caps*.

Followed well by: – *Bell.*

Dose: – 3C to 30C potency.

Lycopodium clavatum

Lyc., **15-16E**

Wolf´s-foot clubmoss. The spores of the plant. *Lycopodiophyta/Lycophyta (Club mosses, Spike mosses, etc.); Lycopodiaceae.*

This drug is inert until the spores are crushed. Its wonderful medicinal properties are only disclosed by trituration and succussion.

In nearly all cases where *Lycopodium* is the remedy, some evidence of urinary or digestive disturbance will be found. Corresponds to Grauvogl's carbo-nitrogenoid constitution, the non-eliminative lithaemic. *Lycopodium* is adapted more especially to ailments gradually developing, functional power weakening, with failures of the digestive powers, where the function of the liver is seriously disturbed. *Atony. Malnutrition*. Mild temperaments of lymphatic constitution, with catarrhal tendencies; older persons, where the skin shows yellowish spots, earthy complexion, uric acid diathesis, etc.; also precocious, weakly children. Symptoms characteristically run from right to left, acts especially on *right* side of body, and are < from about 4 to 8 pm. In kidney affections, *red sand in urine*, backache, in renal region; < before urination. Intolerant of cold drinks; *craves everything warm*. Best adapted to persons intellectually keen, but of weak, muscular power. Deep-seated, progressive, chronic diseases. Carcinoma. *Emaciation*. Debility in morning. Marked regulating influence upon the glandular (sebaceous) secretions. *Pre-senility*. Ascites, in liver disease. The *Lyc*. patient is thin, withered, full of gas and dry. Lacks vital heat; has poor circulation, cold extremities. Pains come and go suddenly. Sensitive to noise and odours.

Mind: – *Melancholy; afraid to be alone*. Little things annoy, extremely sensitive. Averse to undertaking new things. Headstrong and haughty when sick. Loss of self-confidence. Hurried when eating. Constant fear of breaking down under stress. *Apprehensive*. Weak memory, confused thoughts; *spells or writes wrong words* and syllables. Failing brain-power (*Anac., Phos., Bar-c.*). Cannot bear to *See* anything new. Cannot read what he writes. Sadness in morning on awaking.

Head: – Shakes head without apparent cause. Twists face and mouth. Pressing headache on vertex; < from 4 to 8 pm, from lying down or stooping, and if not eating regularly (*Cact.*). Throbbing headache after every paroxysm of coughing. Headaches over eyes in severe colds; > *uncovering* (*Sulph.*). Vertigo in morning on rising. Pain in temples, as if they were screwed toward each other. Tearing pain in occiput; > fresh air. Great falling out of hair. Eczema; moist oozing behind ears. Deep furrows on forehead. Premature baldness and grey hair.

Eyes: – Styes on lids near internal canthus. Day-blindness (*Both-l.*). Night-blindness more characteristic. Sees only one half of an object. Ulceration and redness of lids. Eyes half open during sleep.

Ears: – Thick, yellow, offensive discharge. Eczema about and behind ears. Otorrhoea and deafness with or without tinnitus; after scarlatina. *Humming and roaring with hardness of hearing*; every noise causes peculiar echo in ear.

Nose: – Sense of smell very acute. Feeling of dryness posteriorly. Scanty, excoriating discharge anteriorly. Ulcerated nostrils. Crusts and elastic plugs (*Kali-bi., Teucr.*). Fluent coryza. *Nose stopped up*. Snuffles; child starts from sleep rubbing nose. *Fan-like motion of alae nasi* (*Kali-br., Phos.*).

Face: – Greyish-yellow colour of face, with blue circles around eyes. Withered, shrivelled and emaciated; copper-coloured eruption. *Dropping of lower jaw*, in typhoid fever (*Lach., Op.*). Itching; scaly herpes in face and corner of mouth.

Mouth: – Teeth excessively painful to touch. Toothache, with swelling of cheeks; > warm application. Dryness of mouth and tongue, without thirst. Tongue dry, black, cracked, swollen; oscillates to and fro. Mouth waters. *Blisters on tongue*. Bad odour from mouth.

Throat: – Dryness of throat, without thirst. Food and drink regurgitates through nose. Inflammation of throat, with stitches on swallowing; > *warm drinks*. Swelling and suppuration of tonsils. Ulceration of tonsils, *beginning on right side*. Diphtheria; *deposits spread from right to left; < cold drinks*. Ulceration of vocal cords. Tubercular laryngitis, especially when ulceration commences.

Stomach: – Dyspepsia due to farinaceous and fermentable food, cabbage, beans, etc. Excessive hunger. Aversion to bread, etc. Desire for sweet things. *Food tastes sour*. Sour eructations. Great weakness of digestion. Bulimia, with much bloating. After eating, pressure in stomach, with bitter taste in mouth. *Eating ever so little creates fullness*. Cannot eat oysters. Rolling of flatulence (*Chin., Carb-v.*). Wakes at night feeling hungry. Hiccough. *Incomplete burning eructations rise only to pharynx, then burn there for hours*. Likes to take food and drink hot. Sinking sensation, < night.

Abdomen: – Immediately after a light meal, abdomen is *bloated, full*. Constant sense of fermentation in abdomen, like yeast working; upper left side. Hernia, right side. Liver sensitive. Brown spots on abdomen. Oedema, due to hepatic disease. Hepatitis, atrophic form of nutmeg liver. Pain shooting across lower abdomen from right to left.

Rectum: – Diarrhoea. Inactive intestinal canal. Ineffectual urging. Stool *hard, difficult, small*, incomplete. *Haemorrhoids; very painful to touch, aching* (*Mur-ac.*).

Urinary: – Pain in back before urinating; ceases after flow; *slow in coming*, must strain. Retention. *Polyuria during the night. Heavy red sediment*. Child cries before urinating (*Bor.*).

Male: – No erectile power; *impotence*. Premature emission (*Calad., Sel., Agn.*). Enlarge prostate. Condylomata.

Female: – Menses too late; last too long, too profuse. Vagina dry. Coition painful. Right ovarian pain. Varicose veins of pudenda. Leucorrhoea, acrid, with burning in vagina. Discharge of blood from genitals during stool.

Respiratory: – Tickling cough. Dyspnoea. Tensive, constrictive, burning pain in chest. Cough, < going down hill. Cough deep, hollow. Expectoration grey, thick, bloody, purulent, *salty* (*Ars., Phos., Puls.*). Night cough, tickling as from sulphur fumes. Catarrh of the chest in infants, seems full of mucus rattling. Neglected pneumonia, with great dyspnoea, flaring of alae nasae and presence of mucous rales.

Heart: – *Aneurism* (*Bar-c.*). Aortic disease. Palpitation at night. Cannot lie on left side.

Back: – *Burning* between scapulae, as of hot coals. Pain in small of back.

Extremities: – Numbness, also drawing and tearing in limbs, especially while at rest or at night. Heaviness of arms. Tearing in shoulder and elbow joints. One foot hot, the other cold. Chronic gout, with chalky deposits in joints. Profuse sweat of the feet. Pain in heel on treading, as from a pebble. Painful callosities on soles; toes and fingers contracted. *Sciatica, < right side. Cannot lie on painful side*. Hands and feet numb. Right foot hot, left cold. Cramps in calves and toes at night in bed. Limbs go to sleep. Twitching and jerking.

Sleep: – Drowsy during day. Starting in sleep. Dreams of accidents.

Fever: – Chill between 3 and 4 pm, followed by sweat. Icy coldness. Feels as if lying on ice. One chill is followed by another (*Calc., Sil., Hep.*).

Skin: – Ulcerates. Abscesses beneath skin, < warm applications. Hives, < warmth. Violent itching; fissured eruptions. *Acne*. Chronic eczema associated with urinary, gastric and hepatic disorders; bleeds easily. Skin becomes thick and indurated. Varicose veins, naevi, erectile tumours. Brown spots, freckles, < on left side of face and nose. *Dry*, shrunken, especially palms; hair becomes prematurely grey. Dropsies. Offensive secretions; *viscid and offensive perspiration*, especially of feet and axilla. Psoriasis.

Modalities: – < right side, from right to left, from above downward; 4 to 8 pm; from heat or warm room, hot air, bed; warm applications (except throat and stomach which are > from warm drinks). > *motion*; after midnight; from warm food and drink; on getting cold; from being uncovered.

Relationship: – *Lycopodium* acts with special benefit after *Calc.* and *Sulph.*

Antidotes: – *Camph., Puls., Caust*.

Compare: – Carbo-nitrogenoid constitution – *Sulph., Rhus-t., Urt-u., Merc., Hep., Ant-c., Nat-m., Bry., Nux-v.*

Alumina – Lycopodium is the only vegetable that takes up aluminium (T. F. Allen).

Bothrops Ianceolatus – Day-blindness; can scarcely *See* after sunrise; pain in right great toe.

Plumbago littoralis – Costive with red urine, pain in kidneys and joints and body generally; milky saliva, ulcerated mouth.

Complementary: – *Calc.*, *Sulph., Iod., Graph., Lach.; Chel.*

Followed well by: – *Hydr.* – In indigestion.

bestellen

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