

Claudia Naujoks

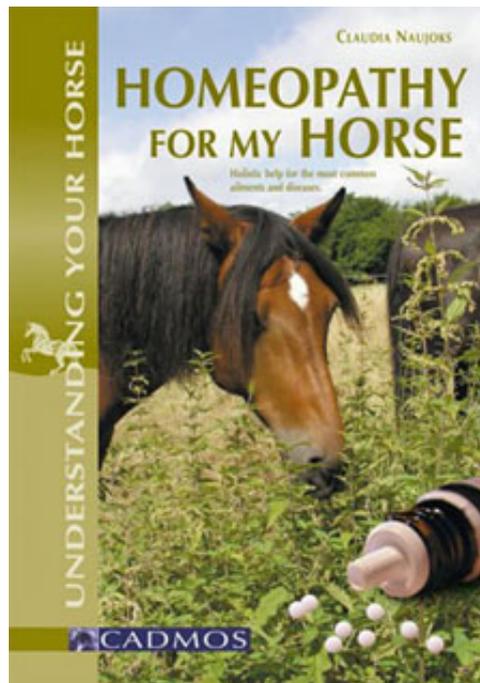
Homeopathy for my Horse

Leseprobe

[Homeopathy for my Horse](#)

von [Claudia Naujoks](#)

Herausgeber: Cadmos Verlag



<http://www.narayana-verlag.de/b13349>

Im [Narayana Webshop](#) finden Sie alle deutschen und englischen Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise.

Das Kopieren der Leseproben ist nicht gestattet.
Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern
Tel. +49 7626 9749 700
Email info@narayana-verlag.de
<http://www.narayana-verlag.de>





80

If the trust of a horse who is very sensitive by nature to begin with has been abused by a human being, then dealing with such a horse requires a lot of patience and empathy. Photo: Grande

Homeopathic treatment of behavioural disorders

Disobedience, aggression, anxiety or panic, resistance to go into a horse trailer, or to be shod, bucking or rearing, wind-sucking or weaving - all these, unfortunately relatively frequent behavioural disorders - are more often than not caused by bad experiences the horse

has had with humans in the past. The beginnings of such problems usually go back to the incorrect treatment of the foal; in the further course of a horse's life, these behavioural patterns develop as a defensive mechanism and later become hard wired into its personality.

Excerpt from Claudia Naujoks „, Homoeopathy for my horse“

Publisher: Cadmos Publishers

Excerpted by Narayana Publishers, 79400 Kandern, Tel.: +49 (0) 7626 974 970-0

In spite of this, there is a good chance that with a lot of patience and sufficient expertise it is possible to substantially reduce, or even reverse, the horse's behavioural disorders. The most important approach consists of determining the possible mistakes: Are there people who treat the horse in an inappropriate manner? Is the use and equipment adapted to the horse's strengths and abilities? Is the horse stabled in the most suitable way, is it able to exercise freely, and does it have regular opportunities for social contact with other horses? Homeopathic remedies can help to overcome hardened behavioural patterns - but they cannot make up for deficiencies regarding the way horses are kept and trained. First of all these deficiencies will therefore have to be eliminated.

Questions regarding the determination of Symptoms of behavioural disorders:

- How is the horse's behaviour in general?

Calm and laid back, or restless and nervous?

- What are the actual problem behaviours?

Kicking, rearing, bucking, biting?

Attempts to escape, anxiety, panic?

- In what kind of situations do these behaviours occur?

In the presence of certain people?

Whilst riding?

During contact with certain stable or grazing mates?

- How can the horse's gaze and body posture be described?

Dominant or subservient?

- How does the horse respond to attempts to calm it?

Co-operatively or with rejection?

- Which human actions provoke a response in the horse?

Quiet coaxing or talking to it in a loud voice?

Gentle holding or a rather firm grip?

- What are the additional symptoms? Sweating, increased passing of stools, firm, or thin, liquid stools, foaming mucus?

In order to help a horse that has become difficult, you, the human, have to be extremely patient and calm, but also display great composure and self-confidence. The majority of horses long for a strong 'boss' of the herd, whom they can trustingly follow – it is the one important and also beautiful task of the human being to take up and fill this position.

An indispensable remedy for problematic situations is Rescue Remedy from the Bach flower therapy system. It works wonders for horses as well as humans in order to keep a cool head in stressful or anxiety provoking situations, and it should have a permanent place in every stable pharmacy.

Fear of being touched

A strong sensitivity to being touched can arise, for example, from fear of painful treatments - for instance, when a horse has had unpleasant experiences with an endoscope a number of times or has often had injections carried out without due care. In this case, *Arnica montana* C30 (once a day, ten globuli or drops for three to five days) is the appropriate remedy. *Arnica* alleviates not only external injuries, but also helps with emotional wounds.

Horses who are of an extremely hypersensitive type, and who have had bad experiences in addition to that, respond well to *Hepar sulfuris* C30 (once a day, ten globuli or drops for three days). These horses need security and protection as well as a regular daily routine; every kind of change is seen as a threat. Often they respond with strong anger and defensive behaviour.

Horses who tend to be very unbalanced and suffer mood changes, but who are rarely malicious, can be helped with *Antimonium crudum* D12 (twice a day, ten globuli or drops), in order to restore their inner harmony. Occasionally, horses can be extremely devoted and affectionate, and the next day they will hardly allow you to touch them. Additional digestive complaints are also typical.

There are horses who get absolutely tense at the mere attempt of touching them. They only reluctantly allow anyone to touch them and become very irritable when coaxed. 'Don't touch me' seems to be the motto behind the

defensive posturing which these generally very sensitive horses display as soon as they are approached. *Chamomilla* D30 (once a day, ten globuli or drops for four days) can be used here to reduce anxiety and nervousness.

Fear of the horse trailer

Unfortunately, many horses have bad experiences whilst being loaded into a horse trailer and the subsequent journey, due to the impatience or ignorance of human beings. In the animal's mind, stressful and hectic situations, as well as emotional injuries, such as Separation from its fellow horses, or an unpleasant stay in an animal hospital will be closely linked with the loading manoeuvre.

In some horses, this fear is so deep-seated that the mere sight of a horse trailer may trigger a panic attack or aggression with kicking, biting or rearing. This type of horse is generally insecure, afraid of anything new and in need of its familiar surroundings. Often, there is an additional fear of the dark and claustrophobia. For such a horse it will be helpful for it to be loaded together with another horse who it knows well and trusts. In addition, *Stamonium* D12 (once a day, ten globuli or drops for three to four days) can be helpful.

For a horse which is generally friendly and trusting, but has extreme problems - possibly escalating into a full blown panic attack - when confronted with new and unfamiliar situations,



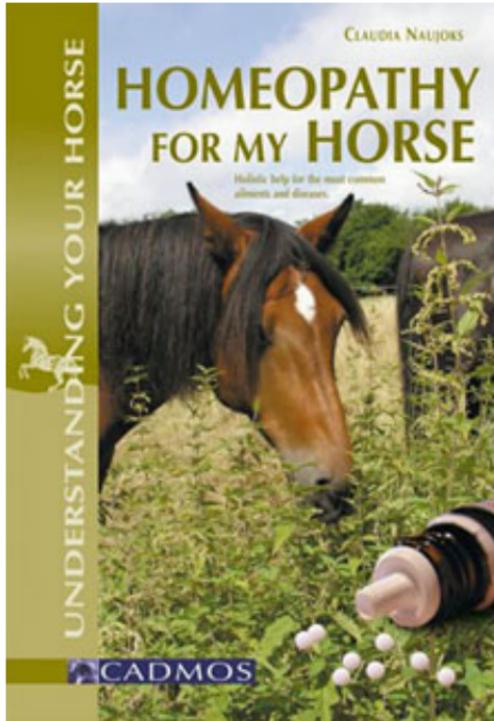
*The reason why a horse refuses to step into the trailer is almost always due to prior bad experiences during loading or transport.
Photo: Bosse*

Pulsatilla pratensis C30 (once a day, ten globuli or drops for three days) is the right remedy. Mares are affected particularly frequently, as they are very sensitive and need a strong horse companion for support. Defensive reactions usually consist of stubbornly refusing to move, while aggressive behaviour is much rarer. Gentle coaxing is usually very helpful. In order to overcome these difficulties, these horses need to be trained frequently and calmly in order to learn how to cope with unfamiliar situations.

There are horses who react to the horse trailer with incredible stubbornness. Frequently, they stop in their tracks half way up the ramp

and refuse to move another inch. Often it is slightly rotund and good natured horses who have problems with confined spaces or suffer from fear of the dark. They are very rooted in the soil, need their familiar horse companions and are afraid of being alone. Cases such as these can be helped with Calcium carbonicum Hahnemanni C30 (once a day, ten globuli or drops for three days).

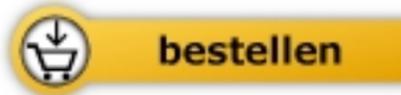
An entirely different type of horse becomes hysterical during loading, stepping hectically from side to side, is not interested in calming words and responds harshly to emphatic coaxing. In this case, Ignatia amara D12 (twice a



Claudia Naujoks

[Homeopathy for my Horse](#)

96 Seiten, paperback
erschienen 2006



Mehr Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise
www.narayana-verlag.de