

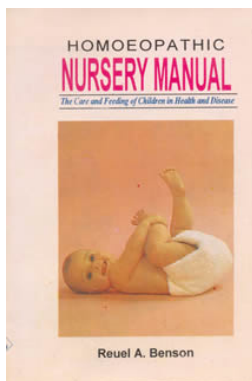
# A. Reuel Benson

## Homoeopathic Nursery Manual

### Leseprobe

[Homoeopathic Nursery Manual](#)

von [A. Reuel Benson](#)



<http://www.narayana-verlag.de/b1114>

Das Kopieren der Leseproben ist nicht gestattet.

Narayana Verlag GmbH  
Blumenplatz 2  
D-79400 Kandern  
Tel. +49 7626 9749 700  
Fax +49 7626 9749 709  
Email [info@narayana-verlag.de](mailto:info@narayana-verlag.de)  
<http://www.narayana-verlag.de>

In unserer [Online-Buchhandlung](#) werden alle deutschen und englischen Homöopathie Bücher vorgestellt.



# CONTENTS.

## PART I.

### The Care of Infants.

#### THE NURSERY.

Windows, Location, Furniture, Floor, Walls, Bed, Closets, Toys, Heating and Ventilation, Scales, . . . . .	11
--	----

#### BATHING.

General Rules, Temperature, Method of Bath- ing, . . . . .	17
---	----

#### CLOTHING.

Cord Dressing, Band, Napkin, Shirt, Petticoat, Dress, Fastenings, Short Clothes, Stockings, Shoes, Night Garment, Head Covering, Blankets, . . . . .	21
---	----

#### CRYING.

Normal Cry, Cry of Pain, Hunger, Illness, Anger, . . . . .	29
---	----

AIRINGS, . . . . .	32
--------------------	----

#### SLEEP.

Amount Required, Sleeping Out of Doors, . . . . .	35
---	----

#### NURSERY MAIDS.

Bedroom, Training, . . . . .	36
------------------------------	----

MOUTH, EYES, EARS, NOSE, . . . . .	37
------------------------------------	----

DENTITION, . . . . .	42
----------------------	----

#### WEIGHT AND DEVELOPMENT.

Normal Weight at Different Ages, Fontanel, Mental Impressions, Voice, Sitting and Stand-	
---	--

## PART II.

## Feeding.

MATERNAL FEEDING, . . . . .	53
CONTRA-INDICATIONS FOR MATERNAL, FEEDING.	
Temperament, Milk Supply, Diseases, Pregnancy,	54
NURSING.	
Frequency of Nursing, Regularity in Feeding, Period of Nursing, Care of Breasts, Sore Nipples, . . . . .	55
REGIMEN.	
Diet of Nursing Mother, Articles Which Should not be Taken, General Rules for Diet, Exer- cise, Drugs, . . . . .	57
THE NURSING INFANT.	
The Well Nourished Infant, The Poorly Nour- ished Infant, Vomiting and Indigestion, . . . . .	59
WEANING.	
Method of Weaning, Rapid Weaning, Hot Weather, Age for Weaning, . . . . .	61
WETNURSE, . . . . .	64
SUBSTITUTE FEEDING.	
Difference Between Mother's Milk and Cow's Milk, . . . . .	64
MODIFIED MILK.	
Explanation of, Selection of Milk, Preparation of Modified Milk, Bottle and Nipple, Uten- sils Necessary, . . . . .	65
MILK FORMULAS FOR THE FIRST YEAR, . . . . .	74
MILK DILUENTS.	
Barley Water, Oatmeal Water, Whey, . . . . .	77

## CONTENTS

7

LIME WATER, . . . . .	78
PASTEURIZED MILK, . . . . .	79
STERILIZED MILK, . . . . .	80
PEPTONIZED MILK, . . . . .	82
INFANT FOODS, . . . . .	83
TRAVELLING.	
Preparation and Care of Food on Journeys, . . . . .	84
GENERAL RULES FOR ARTIFICIAL FEEDING.	
Method of Changing Formulas, Indications for Changing Formulas, Method of Feeding, Tem- perature of Milk, Sleeping During Nursing, Stools, Diarrhoea and Constipation, . . . . .	85
FEEDING FROM THE TWELFTH TO THE EIGHTEENTH MONTH, . . . . .	89
FEEDING FROM EIGHTEENTH MONTH TO THE END OF FOURTH YEAR.	
Number of Meals, General Outline, Amount and Variety, Articles not Allowed, Sweets, . . . . .	89
SPECIAL RECIPES.	
Beef Juice, Broth (Mutton, Chicken or Beef); Boiled Egg, Cracker Panada, Crust Coffee, Junket, Barley Jelly, Arrowroot, Indian Meal and Browned Flour Gruels, Double Baked Bread, Irish Moss Blanc Mange, . . . . .	92

## PART III.

## The Care of Children in Illness.

## GENERAL SIGNS OF DISEASES.

ACUTE DISEASES: Vomiting, Temperature, Respiration, Pain, Sleep, . . . . . 99

CHRONIC DISEASES: Nervousness, Loss of Weight, Cough, . . . . . 103

## HOMOEOPATHIC REMEDIES.

Aconite, Arsenicum, Belladonna, Bryonia, Calcarea carb., Chamomilla, Cuprum, Ipecacuanha, Nux vomica, Spongia, Calendula, Arnica, . . . . . 104

HOMOEOPATHIC NURSING DURING ILLNESS, . . . . 107

## DISEASES OF THE ALIMENTARY CANAL.

Sore Mouth, Sore Throat, Dentition, Acute Indigestion, Diarrhoea and Constipation, Worms, . . 112

## CONTAGIOUS DISEASES.

Isolation, Care and Disinfection, Board of Health Rules, Diphtheria, Scarlet Fever, Measles, German Measles, Chicken Pox, Whooping Cough, Mumps, . . . . . 127

## GENERAL DISEASES.

Colds, Bronchitis, Pneumonia, Croup, Tuberculosis, Rickets, Scurvy, Rheumatism, Convulsions, . . . . . 150

BAD HABITS, . . . . . 165

ACCIDENTS, POISON AND ANTIDOTES, . . . . . 168



A. Reuel Benson

[Homoeopathic Nursery Manual](#)

The care and feeding of children in health and Diseases.

184 Seiten, paperback  
erschienen 1999



**bestellen**

Mehr Homöopathie Bücher auf  
[www.narayana-verlag.de](http://www.narayana-verlag.de)