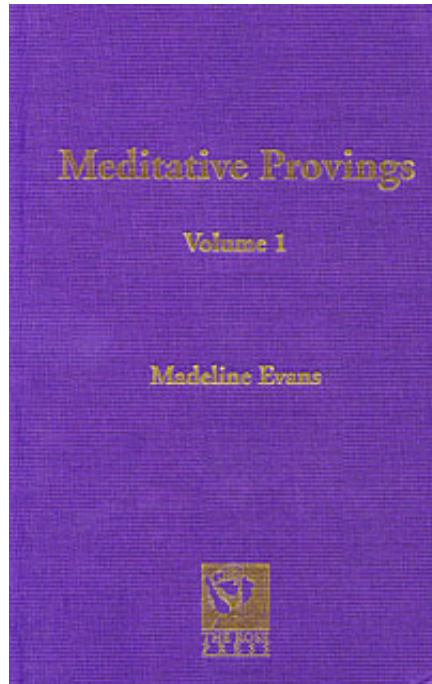


# Madeline Evans Meditative Proving

Leseprobe  
[Meditative Proving](#)  
von [Madeline Evans](#)



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# Introduction

The provings presented in this book were all made between 1992 and 1997 by up to four groups of provers sitting in meditation circles, varying in size from between 6 and 12 people, one group all female, the three others mixed.

All are meditative provings. The information has been intuited or channelled whilst the group has been sitting in a circle in a meditative state. Some of the symptoms were experienced by the provers on a physical level. Symptoms of dreams or experiences directly before or after the provings are included in the remedy but these are always corroborated by the proving itself.

All of the provers had been working together in their various circles for at least two years before any of the provings were started. They had all spent time on each of the chakras in turn and removed blocks which would have prevented them from receiving accurate information.

There is a common assumption that any group can gather together and prove a remedy through meditation, but where this happens some or much of what may be apparently intuited is inaccurate, confused or misinterpreted. Provers in this state are likely to be touching only the lower astral or emotional levels and can easily connect with thought and desire forms which are not true aspects of the energy of the remedy. It is also important for a meditation group to have been working together for a while before a proving is undertaken so that the group can bond and some of the individual and group karma, which would also act as a block to receivings, can be released.

Meditative provings are not an easier way than the conventional of arriving at the symptoms of a remedy, as any of the provers will testify, but they are quicker as each meditation takes about three and a half hours. The remedy pictures that are elucidated by this method are as clear and as accurate as those arrived by conventional provings, providing the meditational proving has been carried out correctly.

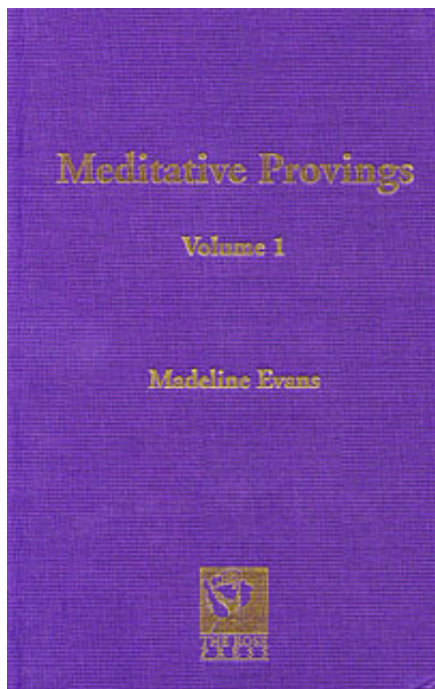
The book itself came from my own need to have notes from the provings available for reference whilst I was seeing patients. As the number of new remedies increased, it became increasingly difficult to remember them all and so I needed something to jog my memory or stimulate my intuition. Also, as more groups became involved in the provings, it was obviously important to collate the symptoms and have the remedies in a form that was accessible and usable. Insight and information no matter how incisive, spiritual and dazzling is useless

unless it can be brought down to earth and lived. I also wanted something that was short and in note form so that it was quick and easy to refer to, but which at the same time left out nothing essential. It soon became apparent that if I needed the remedies in this form, then so did others who wanted to use them and this book is the result.

The intention has been to retain as far as possible the spirit of the remedy by leaving unchanged the language of the provers and by retaining images that were used, although in fact it is many of these metaphors which have been chopped away in the interest of succinctness. However, I wanted to convey the 'feel' of the remedy as well as practical information. One of the circle members is a trance medium and the teaching from the guide that she channelled has been largely left as it was spoken. I have also deliberately included spiritual teachings related to the remedy pictures, as reading the remedies is in itself a constant reminder of our spiritual selves.

The pictures presented here have been drawn solely from the provings; they do not include any clinical experiences or anything which may have been intuited by individuals outside the parameters of the proving, nor have extrapolations been included as to states, conditions or diseases the remedy might treat based on its symptoms.

The majority of the remedies were proved in a 30c potency. The exceptions were Medorrhinum Americana, which the provers had to take as a 30c daily for a week and then as a 10m before the proving itself; Bay Leaf which was conducted while making the remedy over a period of several hours up to a 30c; Rose Quartz which was similarly proved by one group and proved in a circle with a 30c by another; and Ether which was proved as a 1m.



Madeline Evans

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