

Mount

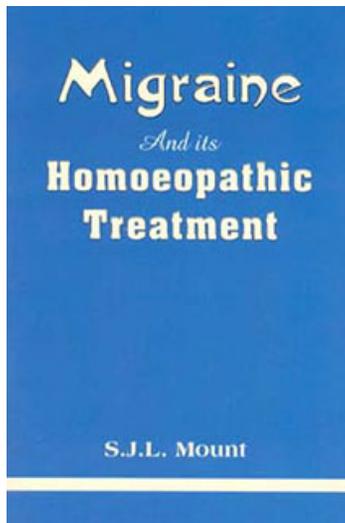
Migraine and its Homoeopathic Treatment

Leseprobe

[Migraine and its Homoeopathic Treatment](#)

von [Mount](#)

Herausgeber: B. Jain



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MIGRAINE

Historical Introduction

Migraine affects a substantial minority of the population, occurs in all civilisations, and has been recognised since the dawn of recorded history. If it was a scourge or an encouragement to Caesar, Paul Kant and Freund, it is also a daily fact of life to anonymous millions who suffer in secrecy and silence. Its forms and symptoms, as Burton remarked of melancholy, are "irregular, obscure, various, so infinite, Proteus himself is not so diverse". Its nature and causes puzzled Hippocrates and have been the subject of argument for two thousand years.

The major clinical characteristics of migraine-its periodicity, its relation to diet and circumstances, its physical and emotional symptoms- had all been clearly recognised by the second century of our era. Thus Aretaeus describes it, under the name of heterocrania:

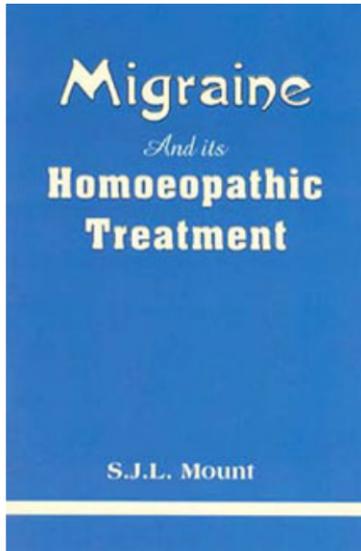
"And in certain cases the whole head is pained and the pain is sometimes on the right and sometimes on the left side, or the forehead, or the fontanelle; and such attacks shift their place during the same day. This is called heterocrania, an illness by no means mild. It occasions unseemly and dreadful symptoms. nausea, vomiting of bilious matters; collapse of the patient. . there is much torpor, heaviness of the head, anxiety and life becomes a burden. For they flee the light; the darkness soothes their disease; nor can they bear readily to look upon or hear anything pleasant The patients are weary of life and wish to die".

'When about 16 years old, enjoying otherwise excellent health, I began to suffer from periodic attacks of severe pain in the stomach. . . . The seizure would commence at any hour and I was never able to discover any cause for it, for it was preceded by no dyspeptic symptoms or disordered bowels. . . . The pain began with a deep, ill-defined uneasiness in the epigastrium. This steadily increased in intensity during the next two or three hours and then declined. When at its height the pain was very intolerable and sickening-it had no griping quality whatever. It was always accompanied by chilliness, cold extremities, a remarkably slow pulse and a sense of nausea — when the pain began to decline there was generally a feeling of movement in the bowels. . . . The paroxysm left very considerable tenderness of the affected region, which took a day or two to clear off, but there was no tenderness at the time".

Some years later, this particular patient ceased to have his abdominal attacks but developed instead attacks of classical migraine coming at similar intervals of three to four weeks.

The remedies for abdominal migraine would fall into the Protens category and would include, *Nat.mur.*, *Cuprum*, *Secede* and *Sepia*.

Here is a case of abdominal migraine, which was not cured by treatment. A 66 year old woman had migraines at the age of 50. It presented itself at first as follows: The pain would start on the left side of her abdomen and move to a burning pain and would later develop a feeling as if there was a blockage. The burning pain would spread all over the abdomen and then up the spine. Later on the pains became



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84 Seiten, kart.
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