

Mandanlal L. Sehgal

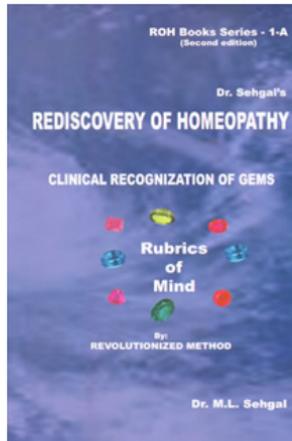
Rediscovery of Homoeopathy Vol. 1-A

Leseprobe

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von [Mandanlal L. Sehgal](#)

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Understanding the Functioning of Mind and its Relationship with the Body

By observation and experience with self and surroundings, man has discovered answers to the questions like what is life or what is its origin and what is the relationship of **mind** with the **body**.

He came to know about the structure of universe, that the universe has a particular shape. According to the Indian Philosophy and concepts of the Ayurveda, our universe is made of five main elements viz अग्नी (fire), वायु (air), जल (water), आकाश (vacuum), and पृथ्वी (minerals) The present day 108 odd elements are included in those five broader categories.

Man found that materially he is not different from what he observes outside of him. In minerals, vegetables and animals other than him which differ from him in shape and size, he saw his parallels. Things differ from one another in shape and size because of a difference in number, quantity, and proportion of their elements.

Gradually he became conscious of the fact that basically he is confronted with three basic needs food, clothing and shelter. He made efforts to fulfill them to his best. After satisfying these needs he realized that his problems did not end there.

He realized there are also problems related to two major organs in his body. They are the brain (मस्तिष्क) and Heart (हृदय). That the grey mater in the brain has the power of understanding

which is the source of all the creative activity around and that the pumping station of the vital fluid (blood) has the power of feeling which can be the source of perversions leading to self destruction. The former was called **intelligence** (बुद्धि) and the latter **mind** (मन) i.e. the will.

The rule for the proper and peaceful existence is to keep a balance between the two i.e. intelligence and mind. To this balance they gave the name **conscience**, the ultimate and the supreme source to be referred to in the time of difficulty.

Man learnt through experience that in harmony, i.e. when the heart beats under the command and guidance of brain, a rhythm is produced, a sound can be heard, provided the involvement of special sense is withdrawn from every other direction and concentrated on it to derive a pleasure which they call celestial, and called the practice Raja-Yoga. Which can be done under the observation of a perfect teacher (गुरु)

This same idea has been expressed in the form of statues and symbols too. They gave it the shape of a trinity. **Brahma** the creator and representative of intelligence. **Vishnu**, the sustainer of life, the representative of the synthesis of the two. **Mahesh** the destroyer, the representative of emotions. There by meaning that the **intelligence** creates and the **emotions** destroy, but together they reproduce something which is called life. To the trinity they gave a symbol, 'ओम' (om) the amalgam of the two letters of alphabets i.e. O (ओ) and M (म). O (ओ) stands for creation (उत्पत्ति) and the M (म) for death (मृत्यु). When they are synthesised they produce a sound 'OM' (ओम) which represents the origin of a new life. Tantra shastra also finds the ultimate and the start of life from sound. The order being, the sound producing air, air producing water and water in turn giving birth to earth (the solids). The same is found in maths, in the form of two signs, i.e. minus (-) and plus (+) and their combine Zero (0). It is from zero onwards that the edifice

Recognizing the Stramonium Child

With a little effort we can recognize the remedy to which our patient belongs. And with some vital clues we can differentiate between any two or more remedies very easily.

Here is one example of a Bell child and a starm child.

With just simple observation, things can become crystal clear.

Bell Child : - A bell child enters into a physician's room holding his mother's hand , stepping slowly with a finger in his mouth, a smile on his face, and little shy. He looks at you then at his mother and then smiles. When his mother asks him to say hello to the doctor, he smiles and moves his head side to side gesturing 'No'.

Mother: That is not good, say 'Hello'.

Child: Move his head in gesture of 'No'.

Mother: If you don't say hello to the doctor I will not speak to you.

Child.: (looks at mother and believes that she will do it) Hello.

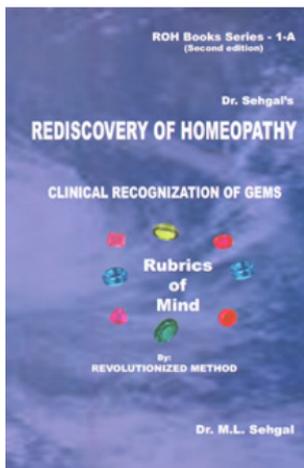
Mother.: Please do it properly.

The child still shy but with a smile moves his hand forward.

Bell, child will like to sit on the lap of his mother-this we have observed

**CREDULOUS
SMILING,
sardonic**

(observation)



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