

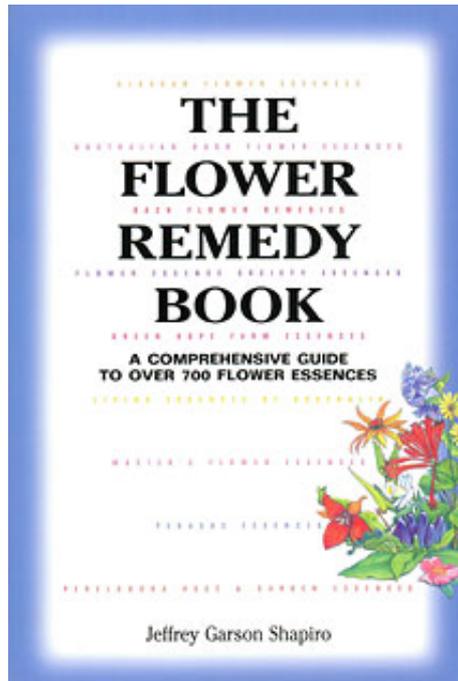
Jeffrey Garson Shapiro The Flower Remedy Book

Leseprobe

[The Flower Remedy Book](#)

von [Jeffrey Garson Shapiro](#)

Herausgeber: North Atlantic Books



<http://www.narayana-verlag.de/b7067>

Im [Narayana Webshop](#) finden Sie alle deutschen und englischen Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise.

Das Kopieren der Leseproben ist nicht gestattet.
Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern
Tel. +49 7626 9749 700
Email info@narayana-verlag.de
<http://www.narayana-verlag.de>



Introduction

This book started out as a very personal project. During my course of studies in homeopathy, I discovered and fell in love with flower essences. I found them to be a wonderful healing art in their own right, as well as a marvelous complement to homeopathy. As I explored flower essences my "collection" of remedies continued to grow. Soon I found that I had literally hundreds of essences from around the world from a full variety of manufacturers. As I would try to determine which essence or essences were most appropriate for the particular case at hand, I had to juggle nine or so different books at a time. Each maker of essences put out their own guide to cover the particular remedies they made. There existed no one source which was comprehensive, accurate, and easy to use.

At this point I decided that I should undertake a project of developing a comprehensive guide for myself. In homeopathy, this type of guide is called a repertory. It lists individual symptoms with the indicated remedies for that symptom (this is called a rubric). This was the model I chose to follow. The introduction of the repertory revolutionized the practice of homeopathy because it allowed practitioners to go beyond their existing knowledge and experience with certain remedies. I figured, that at very least, the introduction of a comprehensive repertory of flower essences would revolutionize my ability to utilize these remedies.

To start constructing this work, I first had to identify the flower essences to be included. Each of the makers of flower remedies has their own roster of essences, some overlap with other makers, but many do not. I realized that the only way to compile the repertory was to identify the makers of the essences. I started to survey retail outlets and various practitioners of flower essence therapy. From this, I was able to determine the nine most readily available lines of essences. This would include some 700 or so essences.

The next step was to identify the symptoms that would make up the rubrics. To do this, I sat down with a homeopathic repertory, as well as

with the various flower essence guides I could find. I selected all the rubrics that seemed appropriate and added a few I thought were missing.

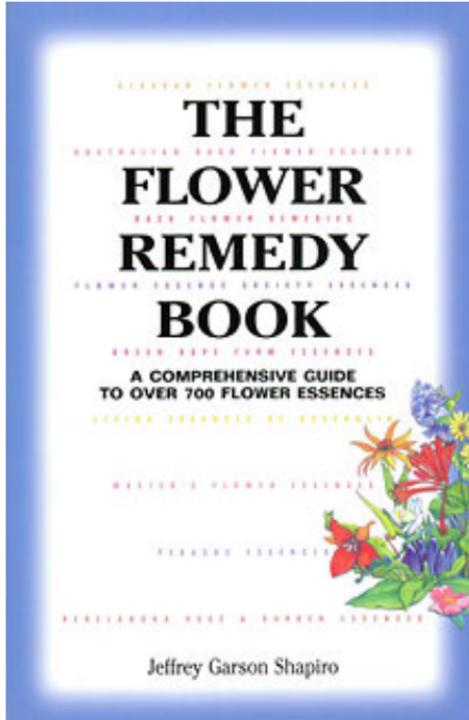
This done, the rubrics needed to be built. I realized that it would be helpful to do two additional things to the rubrics, beyond just listing the names of the remedies. One was to annotate the essence, to give a brief description of how that flower remedy might help to address the symptom. The other was to identify the makers of that particular remedy. This, I thought, would make it much easier to then find the remedy and employ it. (Note that the repertory is divided into two sections, one for Mental/Emotional Symptoms, the other for Physical Symptoms. Only the Mental/Emotional Section includes the annotations. This is because flower essences have an effect on a persons mental/emotional state. Any physical effect is a result of the mental/emotional cause being balanced.)

Finally, the rubrics were built by reviewing the various guides to flower essences and matching the essences to the appropriate symptoms.

As I started to share the ideas for my repertory, I found that others were requesting a copy of the completed work. The rest is now history. I brought my manuscript to the attention of Dana Ullman. Through his interest, you now have the published version of my personal project.

One last note. As so often happens, after completing this work, a few other flower remedies and makers of flower remedies were brought to my attention. These may be appropriate for inclusion in a future revision.

Jeffrey Garson Shapiro
June, 1998



Jeffrey Garson Shapiro

[The Flower Remedy Book](#)

A Comprehensive Guide to Over 700
Flower Essences

296 Seiten, kart.
erschienen 1999



bestellen

Mehr Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise

www.narayana-verlag.de