

Rajan Sankaran The Soul of Remedies

Leseprobe
[The Soul of Remedies](#)
von [Rajan Sankaran](#)



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ACONITUM

Aconitum napellus is a plant. The remedy prepared from it belongs to the acute miasm and is, in fact, the most acute of all our remedies.

The main feeling of *Aconitum* is of a sudden, intense threat from outside that comes suddenly and goes suddenly. For that moment the person, who is otherwise calm becomes intensely restless, panicky and nervous. This feeling of a sudden threat is seen in the fear of walking across a busy street, fear of accidents, of suffocation, in presentiment of death and in the delusion that he is about to die. Mentally this is expressed as a fear of death, anxiety and restlessness etc., while in the physical sphere, we find a racing pulse, palpitation and flushing of face alternating with paleness, etc.

Aconitum is excitable. The patient can flare up suddenly, can get frightened very easily. Pain can drive him beside himself and again this excitement will be manifested suddenly and violently, with great restlessness - an acute panic reaction.

Great nervous excitability is the most important component of *Aconitum*. We must look for an excitable person and not a calm one, if we are to prescribe *Aconitum* - one who cannot take anything easy; everything excites him. Here it comes close to *Nux vomica*, *Chamomilla*, *Staphysagria*, *Coffea* and *Graphites*. But *Aconitum* is also very very restless. There is anxious restlessness. Pierre Schmidt feels it is the most important remedy for anxious restlessness. *Nux vomica*, *Staphysagria*, *Coffea* or *Ignatia* are not so restless. *Aconitum* just can't sit still. He tosses about. This is similar to *Arsenicum* and *Rhus toxicodendron*, it is only much more intense, vigorous, sudden and acute. It is a sudden burst of excitement, fear or anxiety with great restlessness. He doesn't know where to go or what to do, his mind is ruled over by tremendous anxiety and fear. Then this whole state disappears as suddenly as it had come without leaving a trace.

Aconitum avoids crowds, crossing the street, indeed any other situation that would cause excitement of mind. The proving reads: "Fear to go where there is any excitement". Sudden, intense fear from trivial causes is characteristic. It is not the insecure feeling of *Calcarea* or the terror of *Stramonium* nor the anxiety about health of *Arsenicum*, *Nitric acid* or *Kali arsenicosum*. It is an intense, sudden, panic state - something severe - the end, death! The rubric "Predicts the time of death" is a combination of "Clairvoyance" with "Intense fear of death". But as I said earlier, this is not the permanent state of *Aconitum*. Soon the excited state passes off and the normal state re-emerges.

But even in his normal state, *Aconitum* is hurried. As the proving reads: "He does everything in a hurry, runs about the house". His speech is hasty, jerky and excited: "Great impatience", "Wants things at once", "On attempting to think of one thing, another thought intrudes, this is soon supplanted by another one and so on".

Excitability can also make him cheerful, laughing, singing, dancing. But here too, the slightest trifle can change his cheerfulness to anxiety: "Alternate attacks of opposite states of humour"; "Fitful moods". It is this cheerfulness of *Aconitum* that differentiates it from *Argentum nitricum* and *Arsenicum*. These phases of excitable cheerfulness are not seen in the later remedies.

He can at times become very irritable, violent, intolerant of contradiction, shrieking, censorious but will cool down soon. It is this sudden excitability that brings on such a state. There can also be episodes of intense sadness which pass off soon, accompanied by the anguish, restless, moaning and groaning of *Aconitum*.

There are also sleep symptoms: somnambulism and talking in sleep. Dreams are anxious and clairvoyant. Sleep is anxious, restless, with constant tossing and turning, and starting in sleep.

Aconitum is complementary to *Sulphur*.

Physical concomitants are:

- Face expression, anxious, frightened.
- Thirsty, burning.
- Heat, palms.
- Discolouration red cheeks.
- Perspiration, uncovered parts, on.
- Desires: beer, bitter drinks, acids.
- Sleeps on back with hands under the head or sleeps in a sitting posture with head inclined forward, can't lie on sides.
- Palpitation with great anxiety.
- Face, red-hot.
- Respiration oppressed.
- Limbs feel weak.
- Moaning, groaning, howling, loud whining or weeping;
- Easily startled by noise.
- Heat and discolouration, red, of face, in anxiety and excitement.

Rubrics:

- Beside oneself, being.
- Beside oneself, anxiety from.
- Death, dying, feels as if.
- Excitement, nervous.
- Loquacity.
- Mood, changeable.
- Speech, hasty.

Phatak:

Besides himself, frantic, madness from pain.

ANTIMONIUM CRUDUM

Antimony is a metal which lies in the periodic table, between Arsenic and Bismuth. The remedies of the group *Phosphorus*, *Arsenicum*, *Antimonium* and *Bismuthum* shut out or exclude others and isolate themselves.

Phosphorus feels that he is not getting enough attention and feels secure only when amongst a lot of friends, receiving a lot of attention and love. *Arsenicum* views the world as threatening and feels isolated and insecure; he feels secure in the company of only a few. *Antimonium* feels that he has been disappointed and needs to isolate himself; he feels secure in the company of still fewer people. *Bismuthum* feels very alone and will be secure in the company of only one person, i.e. the mother.

Antimonium crudum is the sulphide of antimony. In it, we see the *Antimonium* feeling of being let down and disappointed by others, and therefore the need to narrow one's circle, to isolate oneself. Also present are the *Sulphur* symptoms of theorizing and fantasizing. These combine to make *Antimonium crudum* a person who has narrowed himself down, and who starts fantasizing.

The patient finds the world around him so disappointing that he simply shuts it out, and conjures up an illusionary, ideal world that he starts living in. He longs for that which he misses or has been disappointed by: he becomes nostalgic and longs for the past, for his native land, for the ideal woman - the woman of his dreams. He becomes poetic and sentimental. Poetry often expresses his inner wishes. He is lost in this idealization. It differs from *Cannabis indica* or other drug remedies, because he does not create a fantasy, but only longs for and creates his ideal and becomes very sentimental. Whereas *Cannabis indica* fantasizes, *Antimonium crudum* idealizes. *Antimonium crudum's* idea is a perfection of the real, perhaps practically impossible, but fundamentally reality based. The fantasies of the "drug group" of remedies, on the other hand, are fundamentally not of this world to begin with. For example he may be disappointed in love and then projects all his idealizations onto another woman, she becomes his dream girl. He does not want to face the reality of things because reality is so disappointing that he could become suicidal. He becomes dull, does not want to be touched or approached, does not want to be looked at or spoken to, does not like any attention. He is fond of solitude, and especially likes to be by himself in the moonlight.

The physical symptoms are the desire to overeat, and the aggravation from the same. It also has ailments from vaccination.

Rubrics:

— Ailments from love, disappointed.

- Sentimental in the moonlight.
- Verses makes.
- Fancies, exaltation of.
- Looked at, cannot bear to be.
- Anger when touched.
- Suicidal disposition.
- Dreams, native country.
- Dreams, seeing again an old schoolmate.
- Desires, woman, ideal.

Phatak's Materia Medica:

So busy with oneself, one forgets to urinate or defecate, eats only when asked... Nervous, hysterical women and girls who are overcome by mellow light from stained glass windows.



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