

# Grollmann / Maurer

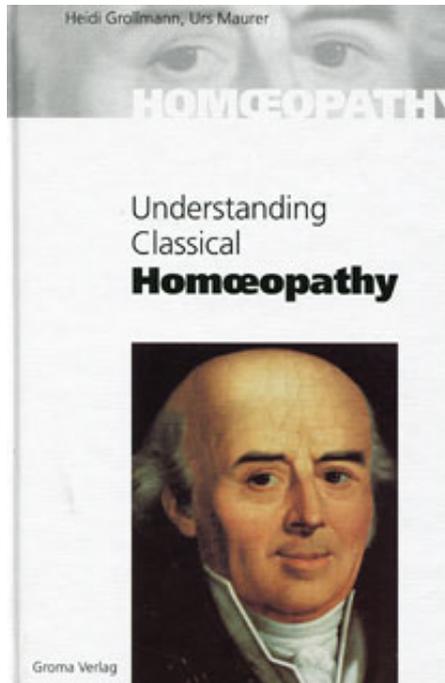
## Understanding Classical Homoeopathy

Leseprobe

[Understanding Classical Homoeopathy](#)

von [Grollmann / Maurer](#)

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# Suppression

## Making matters worse

**T** rue cure does not just mean the disappearance of symptoms of disease (see Chapter: *Disease and Cure*). As a result of treatment, complaints will often disappear, only to reoccur after a brief while. Here we are thinking of, for example, recurrent cystitis, colds, Candida, eczema etc.

Admittedly, medication has made the symptoms disappear. The disease is, however, not cured, since it always returns. The susceptibility is not yet removed. Should the body continually have the energy, despite suppressive treatment, to bring to the fore the same symptoms, this points to a relatively strong Vital Force. With great certainty it repeatedly chooses to produce those symptoms which help it to restore balance.

It is more problematic when, instead of the old complaints, a "new" illness occurs. This illness is often seen as quite independent and not seen in connection with the first. In fact, the basic illness is the same. It has only changed its appearance, i. e. other complaints are making themselves felt.

There is the tendency for the illness to move from the outside surface of the body inwards, and in doing so it becomes more dangerous. This process is called "suppression". It occurs when an illness is treated purely on a symptomatic level, without taking into account the cause - the weakened Vital Force. This suppressive and symptomatic treatment is especially ingrained in orthodox medical thought.

There are different types of suppression:

### **1. Suppression by Orthodox Medication**

*The patient has been suffering for a long time with a skin eruption on the hands. He gets a "mild" cortisone-containing ointment from the dermatologist. After a week, the skin is healed and the patient is pleased that he is free of this problem so quickly. After three weeks, he gets a severe eruption on his face, hands and back of the knees. He gets a stronger ointment. After six months treatment the skin eruption is finally conquered. The patient forgets the whole affair. Three months later his GP diagnoses elevated blood pressure.*

This high blood pressure is a result of the suppression of the skin eruption. It was simply dealt with "cosmetically" i.e. treated superficially, but the root of the illness was not treated. Thus, the disease process moved inwards. During correct homoeopathic treatment the skin eruption would first reappear and then the high blood pressure would disappear.

*Let us take the example of common influenza. During a viral infection the body temperature, as a rule, rises a few degrees. The immune defences are in full swing. Should the fever be lowered by medication, the patient can go about his daily duties. From a medical viewpoint, the patient is healthy. Only, a few days later the patient feels lethargic, complains of head-, stomach-, and joint-pains. Haven't we all known the following "I have not been well since having the flu"?*

Should the patient now come to the practice and be treated with a homoeopathic remedy that is selected according to his individual symptoms, in all likelihood the fever will return and sweats will break out.

What has happened? The homoeopathic remedy has stimulated the Vital Force, which now seeks the appropriate

means to cure the organism. After this healing reaction the patient rapidly feels healthy and ready to take on any new challenges.

## **2. Suppression by Homoeopathic Remedies**

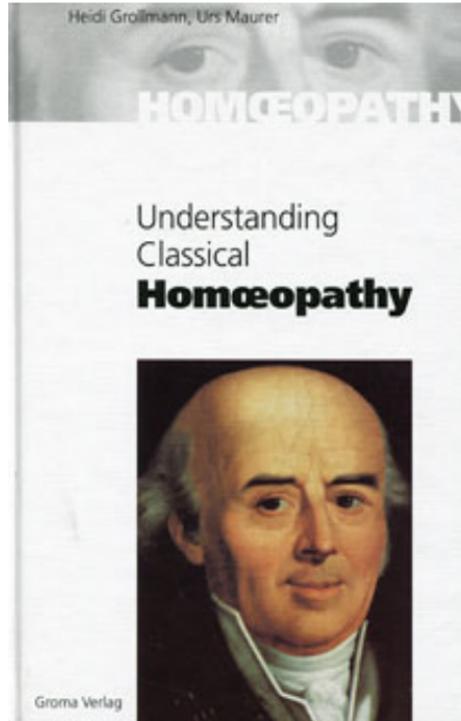
One can also suppress with homoeopathy and other modes of treatment if a person is not seen in his entirety. The danger of suppression is very great, particularly with homoeopathic complex remedies, in which single components are chosen according to the disease symptoms. Matters are also made worse when the patient's individual symptomatology is not taken into account.

The same problem occurs when one uses homoeopathic single remedies according to the name of the disease. Especially colds and allergic diseases such as hayfever are then homoeopathically suppressed.

*Recently, a mother and her six-year-old son came as an emergency to the practice. For days he had had a severe cough, with night-time worsening to the point of vomiting. What had happened? Three weeks ago, the little boy came home from a school trip with burning eyes and a heavy nasal discharge. The mother went to the nearest chemist and got the homoeopathic remedy *Allium cepa* for the hayfever symptoms, which she gave to him three times a day. The symptoms worsened and a hayfever complex remedy was given.*

*One week later, the little boy was additionally given the homoeopathic remedy *Bryonia* for his cough, which he took for several days.*

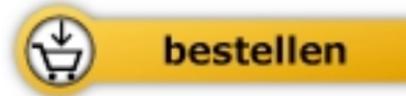
*The disease process had moved into bronchitis, as a result of the organ orientated approach and remedy prescriptions for the hayfever symptoms.*



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