TYTO ALBA
Barn owl, Ghost owl; Spirit owl, White owl, Screech owl, etc.
(Breast muscle & a feather)
Order: Strigiformes, Family: Tytonidae
Tyto-a.

Birds

Thankful for my family’s love

Disassociating: to the point of
“What the fuck, who cares”

Feeling over-challenged
Defeat: feeling of not being able to do everything, do everything right.

In a fog; sens. she is miles away

Dissociation: to the point of
“What the fuck, who cares”

Not getting sex, this would even draw

Sens. of threat against a group
(village, town, etc.)

Rage as a total source of
strength (power) for me, rage like fire on the hand,
that I can inhale and use for
my powers of self-assertion
in this society

I am thinking about the
right and left halves of
the brain; How can one find the
centre in oneself and live?
Rigidity; sens. of a pushing, like torture
Express their opinion clearly
and disassociating; Replies in
a sharp, clear, definite way
Say goodbye to old things
Integration of Kali, the
murderer, the beast inside the
woman, live your strength,
your beast, your animalistic
power! Talks intensively
about dying and death

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Highly sensitive
Sens. of a pushing, a rushing

Rapid changes of mood within a
short time: Feels chased, rushed,
as if she was beside herself;
everything needs to go fast, but
without emotion, cold as ice

Total chaos; Feeling over-challenged
Fear of going to work, anticipatory
tension, whether she can accomplish,
do everything right, think of
everything, do everything right,
whether she has forgotten something

Much confusion and lack of clarity
Forgetfulness of everyday things: make-up,
keys, dates. When driving in the car had the
feeling of having done a time leap; a piece of
the route was missing in my memory
Del. others are laughing at her confusion
Feels misunderstood
Del that the birds (esp. a bird of prey that
I cannot identify) communicate with me;
an intensive perception of these birds’ voices, that
I am deeply moved. No fear, just the feeling of
being really connected to the birds!!!

Generals: < nap at noon, Very cold
Sx in mouth and throat < by cold drinks
Biting the nailbeds. Sens. to all impressions
Sens. of crawling animals; maggots through skin

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Tyto alba – the Barn Owl, A homeopathic remedy
proving; Conducted and edited by Jörg Wichmann and
the Bergische Homöopathie-Schule, 2004. The remedy
was given to the Remedia Pharmacy by the German homeopath
Herbert Sigwart, who acquired it from the Danish museum
of the University of Aarhus, where he got the breast muscle
and feathers from a deep-frozen wing of a barn owl.
The owl was chosen for this proving due to a ‘joke’ proving
of ‘owl’s milk’ called ‘Lac owleum’, eight years earlier. This
faux proving was taken seriously by the homeopathic
community and caused quite a stir when it was found to be
‘bogus’ – merely a joke. ‘Yet since that article I knew I
owed something to the owls whom I had mistreated in this
way for a mere joke, and in which their spirit had taken part
extensively, I’m glad to say. So eight years later I started a
full and serious remedy proving of owl.”
DIOMEDEA EXULA

Wandering albatross, Snowy albatross, White-winged albatross, Toroa (A feather)

Order: Procellariiformes, Family: Diomedeidae

Birds

Freedom • Restriction

Wants to be seen as an individual

Sens. of isolation

Sens. vulnerable in contact with others, in the group

Suddenness

Shaking from fear

Sudden changes of atmosphere; seriousness to laughter

Sens. surprise, homesickness, separation, etc.

Departing is difficult

Sleeplessness

But always come back to the business at hand

Sens. pressed, sternum

Oppression in chest

Sighing, Yawning

Sudden intrusion

Sudden change at sunset

Sudden accident

Seduction;

Seductive claims a kiss

Overriding boundaries

Sens. lost, as if stranded on a strange distant shore

Wanting to be seen as an individual

Sens. of being unnoticed in the group, not of being an individual; a nobody in a big family

Sens. of being more easily themselves in this group

Sleep as a means of avoidance

Vision of masks

Sens. heaviness; head; right forehead

Pain; above eyes, deep behind eyes

Sens. heavy lightness

Light feeling in head;

swaying sens.

Sens. no contact with others

Transience, Sens. of

Dreamy, not focused

Loneliness; in youth

Grief, from separation or loss

Homesickness

Sens. vulnerability

A/F grief, homesickness, separation, etc.

Bursts of laughter; fits of giggles

Animated and loud conversation;

Louder than the quacking gulls

Sens. openness and

burning love for life; in the chest

Sens. press, sternum

Sens. pressing, sternum

Sens. of being guided

Lump in throat

Oppression in chest

Sighing, Yawning

Sens. elevated as if we were all the forgotten birthday of the father

Honey-like discharge

Papular eruption on write, hand, back of feet;

Wounded left heel

Right hand colder than left

Stitching pain, forehead, right

Pressing pain, inward, occiput

Twitching of left cheek

Tingling in legs

Sens. lost

Sleep as a means of avoidance

Proving of Diomedeus exulans (the Albatross) - An important 'Bird-remedy'; Wad Stories: Homeopathic lectures from a sailing trip on the Wad in the Netherlands, Jan Scholten, Stichting Alonnissos, ©2001

“...the bird in this photo "is an old Wanderer (Wandering albatrosses are very long-lived birds and regularly go past 80 years old), showing the maximum extent of white on the upperwing, this guy is probably well into its fifties, at least. I took the photo during a crossing of the Drake passage, between Cape Horn and Antarctica." RTJ

Photo: ©2012 Rodrigo Tapia Jiménez, Ornithologist;
www.aconcaguabirding.com and www.flickr.com/photos/aconcagubirding/
Conversations and messages with God, dreams of God; God talks to me, harmony with God; accompanies me. Cleanses me, purifies me gives me life. Everything is simple and possible. Love and life are something sacred. Unity and harmony; everything is one. Sens. third eye opened and she could see higher consciousness; broad awareness; ability to see things from above.

For my love I would sacrifice everything and anything. To save my love I would sacrifice my own life. Utterly committed to monogamy. Strong intimacy; strengthening bonds.

Deep, compelling need to find, or be reunited with, their soul mate. (This is a general for all birds, but is exceptionally strong in Halcyon smyrnensis.)

Contacting ex-boyfriends or girlfriends to explain, “We are soul mates and we missed each other, we crossed paths, when in fact we should have remained together forever.” Contacts and friends from the past arise or occur, especially old loves appear suddenly. Unrequited love, love disappointment.

Broken hearts; loss, sorrow, grief. Aching heart, desire to go to bed and cry. Nostalgia for old loves.

Proving by Danny Ron, Israel, October, 2008: Five kingfishers flew into the town and the local children began to chase them. One flew into a tree, hit its head, was knocked unconscious and rushed to a vet. The vet plucked a feather for the homeopath to potenise; it had a bit of tissue and blood on it. Nick Dean. http://www.flickr.com/photos/44890276@N00/3006.

HALCYON SMYRNENSIS

Halcyon gularis, Alcedo smyrnensis (A feather with tissue and blood on it).

White-throated kingfisher, Smyrna Kingfisher.

Order: Coraciiformes, Family: Alcedinidae.

Haley-s

Birds

Freedom ↔ Restriction

A militant warrior

Many dreams, images and thoughts about Ancient Greece.

Very ambitious, very aggressive.

Des. to fight

Many injuries, accidents, esp. cars.

Bites, stings, sores.

Dreams: accidents; esp. car accidents; much blood.

Severe sinus infection; bleeding from the ears.

Senses sharpened; sharp vision hearing (wall clock ticking loudly strong) smell, touch.

Purity, purify the house, purify the marriage, dreams of purity, a sense of purity; not touching things not pure, pure feeling.

Clairvoyant channels; third eye opened; intuition.

Paradigm, radical paradigm. Want to fly.

Many broken things; esp. metal items.

Bites, stings, sores.

Mind map ©2012 Alicia Lee; www.moozoonsii.com

I must fight to the death to save my lover. Sens. spiralling, spinning around a vertical axis, grappling in the air, plummeting downward.

Extreme fatigue; chest pain & heart.

Mind map ©2012 Alicia Lee; www.moozoonsii.com

The movie ‘300’: The Spartan army was at the centre of the Spartan state, whose male citizens’ primary obligation was to be exceptional soldiers. Subject to harsh military drill from infancy, the Spartans were one of the most feared military forces in world history; they fought with ferocious intensity. By the early 5th c. BC, Sparta was the unchallenged military master in southern Greece. (1) Bravery was the ultimate virtue for a Spartan; mothers would give their sons their shield with the words “[Return] With it or [carried] on it!”, that is to say, either victorious or dead. (2) Spartan women were famous for their independence and were reared much like boys, including strenuous physical fitness training. They were head of the household and had much power. Both male and females participated in gymnopedia, the Spartan festival of naked youths. Their loyalty and love for each other and for Sparta gave them strength to face armies far larger than their own and defeat them. This is depth of commitment and fervour is depicted in the movie ‘300’; King Leonides took a troop of 300 to stop the advance of 7,000 Persians through Thermopylae. Leonides and his 300 fought to the death; if they had not been betrayed they may have won. The Persians had hundreds of casualties and deserts during the battle with the fearsome Spartans. The Kingfisher Unit: The primary task of the legendary, elite and secretive Israeli Yehidat Shaldag (Kingfisher Unit) is targeting enemy structures and vehicles for assault by Israeli fighting aircraft. They deploy undetected into combat and hostile environments to conduct special reconnaissance. Using their high-energy laser designators, they can mark targets (terrorists) for fighter-bomber launched laser-guided bombs or Hellfire missiles from Israeli helicopters. (3)(4)

The Sacred Band of Thebes: an army of lovers, was a unit of hand-picked soldiers, consisting of 150 pairs (300) of male lovers who formed an elite unit of the Theban army in the 4th century BC. Herodotus describes them as the “best and bravest” among Thebans. Each pair consisted of an older erōmenos (“lover”) and a younger erōmenos (“beloved”). Polyaeus described the Sacred Band as being composed of men “devoted to each other by mutual obligations of love”; they would fight to the death to protect their lover. Plutarch claims that origin of the “sacred” appellation was due to an exchange of sacred vows between lover and beloved at the shrine of Iolaus (one of the lovers of Hercules) at Thebes. (5)

(1) Peter Connolly, Greece and Rome at War, 2006; condensed.

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