

Jonathan Stallick

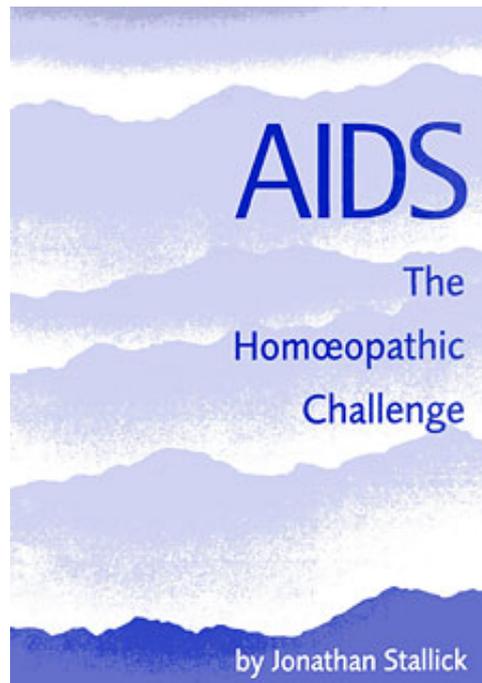
AIDS - The Homeopathic Challenge

Leseprobe

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The Healing Power Within

The following is based on a sheet I give to all patients of mine who have tested HIV+.

Whenever we choose to receive a therapy such as homoeopathy we are also connecting to a new way of looking at our health, our lives and the meaning of disease. Western medicine takes a mechanical view of our bodies; a bit like with a car, when something goes wrong we change the oil or remove an offending cog, etc. It also tends to put all the blame for any 'malfunction' outside of ourselves. The best example of this is the idea of bacteria and viruses. It cannot be denied that these exist, but what we have to ask is whether they actually *cause* the disease.

The bacteria or virus is there, the disease is there, but does one cause the other? Some holistic practitioners believe not. If you have flies around your dustbin do the flies *cause* the dustbin?¹³ Obviously not. This may all sound academic and perhaps irrelevant, but it has great consequences when we try to treat the disease. If we believe that bacteria and viruses are the sole cause of disease then the natural step is to *want* to kill them. It sounds logical and this is where antibiotics come in.

Antibiotics were the great medical discovery of this Century and, in one sense, they are an amazing piece of medical technology. But several decades later we are faced with Problems. In a sense, antibiotics were designed to do the work of the immune System, but their overuse has led to a Situation where bacteria are becoming resistant to the old antibiotics. New and more powerful drugs take their place (which cause their own problems within the body) and the bacteria become resistant to these as well. Added to this, antibiotics themselves are immuno-suppressant (one of the results of this is the emergence of Candida, or thrush, which is now being recognised as a major problem). Even Alexander Fleming, the inventor of antibiotics, himself saw

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and warned against the abuse of these drugs as early as 1942. Some would argue that the abuse of antibiotics may be implicated in immune System problems like AIDS.

Therapies such as homoeopathy and acupuncture attempt to treat people as whole, intelligent beings. They assume the presence within and around the body of a guiding, controlling energy which, in ancient Chinese Medicine, is called *Chi*, in India, *Prana*, and in the Western tradition is known as the *Vital Force*. What is this energy, then? We all know what it is but many of us have difficulty remembering the experience! It has several functions: it is creative - it can make new tissue and so ensures growth; it can heal or repair damaged tissue; it maintains the integrity of the body - for example by repelling or killing invading organisms. Generally it allows for our survival.

This Vital Force is intelligent and works in a meaningful way. What we call disease is, in fact, the Vital Force's way of expressing disorder. Symptoms, then, can be likened to the oil light coming on in our car telling us that something is wrong. But in order to cure the problem we must go to the cause. It would be no good, to continue our car analogy, just ripping out the oil light. If we did that the engine would inevitably fall.

One of the problems we have in the West is we always want instant results. Life seems to get faster and faster and we want everything yesterday, if possible! It is the same in medicine. We want a drug which will take away our pains, our skin problems, our sufferings right now. One result of this is that we forget that the body will often heal itself if we give just it a chance and the other result is we ply ourselves with powerful drugs which can make the problem worse.

Homoeopaths have noticed that if a problem on, say, the skin, is made to disappear by cortisone cream, for example, another problem takes its place - perhaps asthma. This is because the *whole* person has not been taken into account, but only one part. The Vital Force was just doing

its Job telling us there was a problem by sending out Symptoms onto the skin and we take those Symptoms away, but the root of the problem has not been cured. So the Vital Force has to find another expression for the problem - thus we get asthma.

What happens when we Start becoming healthier, for example during homoeopathic treatment, is that Symptoms on the skin and the extremities *may* temporarily get worse while our general state improves. We may feel more energy, less anxious, better able to deal with the Stresses in life but, for example, we develop a rash. This is a good sign. And this is why it is so important to keep in touch with your practitioner during treatment and *not* rush out to buy something from the chemist which may undo all the good work that has been done.

Homoeopathy (and other holistic therapies) aims to put your health on an altogether better level, rather than just curing Symptoms. But this may take time, so do *persevere* with the treatment. Working with your homoeopath regularly over a period of time (weeks, months or even years) can be very satisfying as you watch your general health improve. On the other hand expecting a miracle (although these *do* occur from time to time) in one or two sessions is not fair on you or your practitioner. Remember, it took all these years to get where you are now so it may take time to work through the problems.

Always ask your practitioner any questions if you feel unsure about the treatment. Remember, this is your health and life. Take control and be interested in it. *This* is the first step to better health.

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Wonderful improvement! After that he needed *Calcareo Carbonica* and *Natrum Muriaticum* following which he looked almost like a different person!

MURIATIC ACID

*'Hydrochloric acid has an elective affinity for the blood, producing septic conditions similar to that found in low fevers, with high temperature and great prostration',²⁴ says Phatak. Most of the acids have great prostration in their provings but none so great as *Muriatic Acid*, which 'slides down in bed'. We can therefore see the similarity with certain AIDS conditions, perhaps in the final stages. There is much muscular soreness, and (remembering that hydrochloric acid is a secretion of the stomach) the whole digestive tract is dry, bleeding, cracked and deeply ulcerated. *Muriatic Acid* is another remedy which may be useful in candidiasis where there is much weakness.*

NATRUM SULPHURICUM

This remedy, as is well known, has a definite sycotic basis and, I believe, it may be an under used remedy. In any sycotic case think of *Natrum Sulphuricum* in the same way one might think of *Medorrhinum* or *Thuja*. Quite often it has proved of useful Service when *Medorrhinum* or *Thuja* have seemed indicated but have failed. It may be useful in certain diarrhoea cases. The patient is often excessively gloomy and there may be a feeling of a loss of grace, beauty, or harmony. Many AIDS patients have this quality about them. Like many *Thuja* patients, those that need *Natrum Sulphuricum* often have a sense of 'unknowability'.

NITRICUM ACIDUM

Very anxious, together with a pronounced irritability. Exceedingly chilly. Useful for rectal herpes, fistulas, fissures and painful ulcers. I sometimes alternate with *Mercurius Corrosivus* There is a feeling as if they are clinging on to life and it is a battle. They hold onto everything - 'unforgiving'¹; even their stools! *Nitric Acidum* can look like *Arsenicum*.

CASE: Male 31 yrs. Presenting rectal ulcer since 6 weeks with mucous discharge and terrible burning pain < night. Cannot sit (he lay on his side in the Consulting room). Feet and hands very cold. Mollusci all over body. Tremendous anxiety and irritability with the pain.

Rx: *Nitric Acid* and *Mercurius Corrosivus* 200
Alternating doses, starting during consultation.

By the end of the Session the pain had receded to the extent that he could sit down! Over the next few months I continued treating him constitutionally but he always had his packets of *Nitric Acid* and *Mercurius Corrosivus* on him which he took as required. He returned once more the following year, having been basically well (the doctors were impressed!). This time he had become overheated whilst travelling in a hot climate and *Carbo Vegetabilis* was needed. I haven't seen him since.

Other *Nitricum* salts may prove useful (remember that Amyl Nitrate is used by many as a recreational drug to enhance dancing or sexual pleasure). If we consider how Nitrogen itself is used in its frozen state to freeze off warts and other skin lesions, is it too far fetched to consider using it in homo3opathic potency to do a similar Job? Perhaps even Kaposi's Sarcoma. could be treated in such a way. It has been suggested²⁵ that *Nitrogen* (and *Carbon Dioxide*) could help deal with the tubercular miasm.

PHOSPHORUS

Some of our best work can be done in helping patients to recover quickly following an acute episode.

CASE: Male 23 yrs. Had PCP 2 weeks previously. Taking high dose of Septrin which causes heartburn, migraines, nausea. He decides to stop the drug. Now: Legs still weak < walking. Breathlessness walking long distances. Wants fish fingers, shellfish. Averse rich creamy sauces. Thirst for cold water. Has lost much weight - around two stones. Sweating at night profusely. Good energy. Blood-streaked mucus from nose. Nose blocked all the time. Medical history: Recurrent tonsillitis, sore throats, bronchitis. Lot of penicillin, dope. Colds all year. Asthma. Gonorrhoea (few times) Family: Lot of cancer

Rx: *Phosphoritis* 12 tds for 7 days.

This young man appeared like a typical constitutional *Phosphorus*.

One week later he feels much better. There is a new symptom of a Sensation of a hair on his tongue and the tongue is bright yellow.

Rx: *Natrum Phosphoricum* 6 tds for five days.

Thinking of all the antibiotics he had received plus his craving for fried fish (fish fingers) - *Natrum Phosphoricum* is good for excess acidity which often occurs after a course of antibiotics.

This cleared everything until 2 weeks later when he was given Septrin prophylactically. He felt awful and developed candida, and was sweating profusely during the day.

Rx: *Natrum Phosphoricum* IM plus
China 6 tds (for fluid losses).

Five months later he reported a complete cessation of all Symptoms (including the oral hairy leukoplakia which is a peculiar feature of AIDS). A dose of *Phosphoric Acid* 200 was now needed, however, following a bout of diarrhoea after drinking some bad water.

Another case:

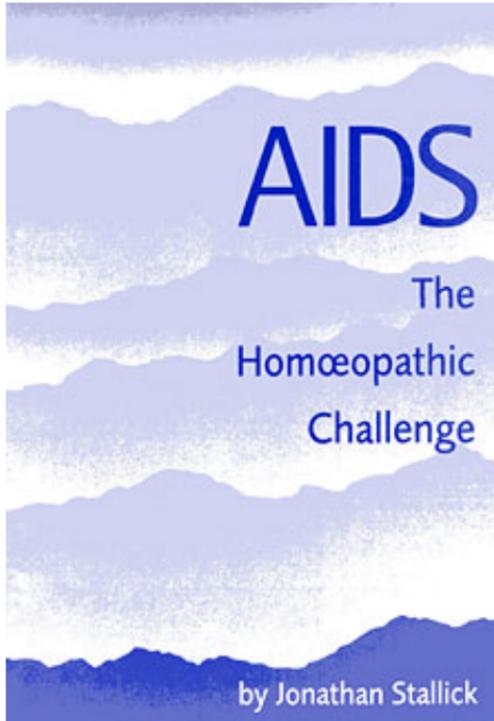
Male 49 yrs. History of Pneumonia, PCP, MAI. No energy. Lost a good deal of weight. Not sleeping well. Sensitive to light. Sensation as if oesophagus (perhaps due to air tube damage) has narrowed, with difficulty swallowing. Wounds slow to heal. Appetite poor. Very thirsty. He says his positivity is waning. Walks with the aid of a walking stick. Urination difficult, he never feels finished.

Rx: *Phosphoritis* 12 tds for seven days.

One week later: Much Better. Appetite very good. Can walk without his stick. (Indeed he boasted how he had run down the corridor earlier on!) Oesophagus improved. Energy very good. Urinating without difficulty.

Rx: *Tuberculinum* 200.

Frustratingly, the patient did not continue with treatment, but I nevertheless felt pleased with the result.



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