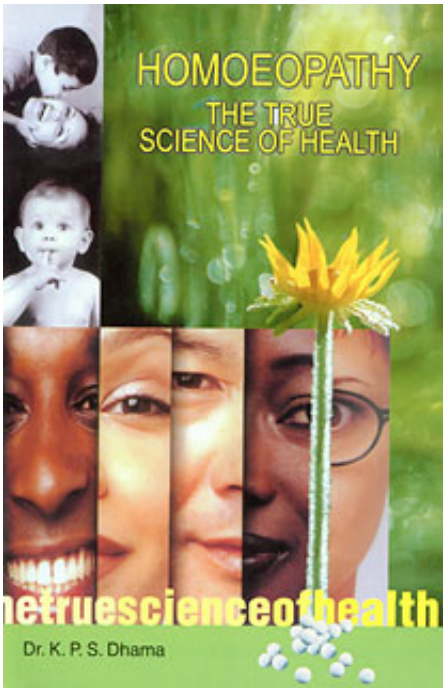
K.P.S. Dhama
Homoeopathy: The True Science of Health

Leseprobe

Homoeopathy: The True Science of Health
von K.P.S. Dhama
Herausgeber: UBSPD



http://www.narayana-verlag.de/b5771

Im Narayana Webshop finden Sie alle deutschen und englischen Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise.

Das Kopieren der Leseproben ist nicht gestattet.
Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern
Tel. +49 7626 9749 700
Email info@narayana-verlag.de
http://www.narayana-verlag.de

Narayana Verlag

Homoeopathic View of Emotions

In every case 'mental symptoms' are most important as they represent the innermost. We will base our observations on the understanding that emotions embrace, if not all, most of the area covered by the term 'mentals'. According to Stedman's dictionary an emotion is 'a strong feeling' or 'an aroused mental state'. It can also be an 'intense state of drive' or 'unrest directed towards a definite object and evidenced in both behaviour and psychological changes'. According to Webster's new Twentieth Century dictionary *Emotion* is derived from Latin *Emovere*, which means 'to move out, or sit up or agitate'. In English it is taken to mean a strong generalized feeling, a psychical excitement. It also means any specific feeling; any of various complex reactions with both psychical and physical manifestations. It is a disturbance, a reaction subjectively experienced as strong feeling and physiologically involving changes that prepare the body for immediate vigorous action. In many cases its synonym is feeling or sentiment or passion. In this sense *emotion* denotes susceptibility to impression, sensibility.

Excerpt from K.P.S. Dhama
„ Homoeopathy: The True Science of Health “
Publisher: UBSPD
Excerpted by Narayana Publishers, 79400 Kandern,
Tel.: +49 (0) 7626 974 970-0

We can thus say that mentals are mainly emotions and areas governed by emotions. It is also clear from the above that the manifestation of the emotion or the emotions can be physiological also.

We would like here to quote, rather at length from John Henry Clarke: *In Hahnemann's day diseases were looked upon as something material to be got rid of by bleeding, purging, vomiting, salivation, sweating, or in some such way, just as they are now looked upon as consisting principally of microbes to be killed. Hahnemann perceived that they are nothing of the kind; that the critical discharges which frequently occur in disease are not the cause of the disease, nor the disease itself, but simply manifestation of the working of the vital force. A fit of anger in a nursing woman will so change the quality of her milk, that if she nurses her child just after it, the child will be poisoned. But the poisonous milk is not the cause of the woman's mental disturbance, nor is the changed milk the disorder from which she is suffering. The invisible, intangible emotion has so disturbed her invisible, intangible vital force that physical changes in her tissues and secretions have resulted.*

This passage makes clear the wide role that emotions play.

According to Professor Th. Ribot in psychologic terminology a 'person' is an individual who has a clear consciousness of himself or herself as an entity, and acts accordingly. The elements constituting personality have to be considered in their totality. The psyche of the individual is only the expression of its organism.

We have now to understand the nature of consciousness (or egoscience, as Professor Ribot calls it). We are programmed. Our consciousness is made up of many layers of fears, anxieties, pleasures, sorrows, and every form of faith, love, compassion, fear of ending and death. Thinking or thought is a response of memory. Memory stored in the brain is knowledge and is the result of our experience. Fear and the pursuit of

Excerpt from K.P.S. Dhama
„ Homoeopathy: The True Science of Health “
Publisher: UBSPD
Excerpted by Narayana Publishers, 79400 Kandern,
Tel.: +49 (0) 7626 974 970-0

pleasure are movements of thought. Suffering, anxiety, uncertainty, regrets, wounds, all these are burdens of centuries and are all part of thought. These ideas are from philosopher J. Krishnamurty and yet how beautifully they summarize the totality as explained by Hahnemann.

The equilibrium of the person as a whole is upset by fright, fear, timidity, anger, grief, worry, etc., and mended by joy, cheerfulness, contentment, enthusiasm, hope, kindness, rest, recreation, love and so on. These latter are surely restoratives.

This takes us back to our statement at the beginning that it is difficult to treat the mentals and the emotions as two different elements.

We do not want to go into the details of different classifications of mentals (or emotions) here. One can also find these in other related chapters in this book explaining the procedures of taking a case or of prescribing, etc.

Now to illustrate the place of emotions in restoring the sick person to health we are narrating here five cases treated by us.

STAPHYSAGRIA IN A CASE OF ARTHRITIS

Case I: A married lady with two children developed arthritis. All the fingers of her hands became stiff and deformed. After long and varied treatments she visited our clinic. After taking her detailed case history we concluded that the malady was the result of suppressed anger due to the mother-in-law syndrome. By mother-in-law syndrome we mean the constant terror in the mind of a young married lady, who is helpless and bears the atrocities of her mother-in-law with indignation. One dose of Staphysagria 200, and later in 1M potency restored her to health.

Excerpt from K.P.S. Dhama
„ Homoeopathy: The True Science of Health “
Publisher: UBSPD
Excerpted by Narayana Publishers, 79400 Kandern,
Tel.: +49 (0) 7626 974 970-0

NATRUM MUR. IN A CASE OF LOSS OF VOICE AND FEAR OF AIR TRAVEL

Case II: A 33-year-old unmarried lady had loss of voice and fear of heights after being emotionally disturbed. While travelling by air she used to feel angry and suffered loss of voice; after sometime she would faint. After taking her detailed history we concluded that her malady was due to grief. In the marriage of her niece her brothers went on the roof of the house with loaded guns and quarrelled in front of all the guests. She went on the roof to bring them down and to pacify them. After she saw them quarreling the first thought which came to her mind was that if any of them fell down he might die. At the same time she felt insulted and humiliated in front of all the guests. She could not utter even a single word, she lost her voice and sat down. She could not over come this thought of possible humiliation and developed fear of heights and loss of voice. We gave her Natrum mur. 1M which cured her within no time and now she does not have any fear or loss of voice and is travelling frequently by air without any discomfort.

OPIUM IN A CASE OF FEAR OF BEING KIDNAPPED AND CLOSED PLACES

Case III: A girl of 11 years had fear of closed places and crowds; she could not travel by train or aeroplane. She had peculiar fear of being kidnapped on railway platforms and airports, and had strong fear of being alone, and of closed places. She was always comfortable while at home. She could not travel by train or by air and her parents (top ranking politicians) were very much disturbed as they had to go even to distant places by car. After taking her detailed history we came to know that about two years back she had been trapped

Excerpt from K.P.S. Dhama
„ Homoeopathy: The True Science of Health “
Publisher: UBSPD
Excerpted by Narayana Publishers, 79400 Kandern,
Tel.: +49 (0) 7626 974 970-0

in the toilet while travelling by air. We concluded that her trouble was due to fright. She was cured with one dose of Opium 1M. She is a happy child now and is studying in a boarding school away from her parents.

IGNATIA IN A CASE OF BRONCHIAL ASTHMA

Case IV: Ms. X, aged 43 years, mother of four children, came for the treatment of bronchial asthma in the first week of March 1998. She was suffering for the last more than a year. Her complaints started after one month of her last delivery. When she came to us she was taking strong allopathic medicines. Her breathing complaints always used to be worse after lying down and after being emotionally disturbed. When she came to us she had already tried homoeopathy. The homoeopath who saw her first time gave her a patent medicine for bronchial asthma manufactured by a leading firm of Delhi, and Blatta ori. ø which gave her no relief. Then she went to another reputed homoeopath and he also gave a mixture of mother tinctures, etc., and she got no relief. Failure of these homoeopathic medicines and patents prescribed by the pseudo-homoeopaths had shaken her faith in homoeopathy. She was, therefore, not enthusiastic to take homoeopathic medicine any more. After taking the case, we discussed with her husband about the past events of her life. We were told that her younger brother, whom she loved and liked very much, was living with them for many years now. They helped him get a job and also arranged his marriage, etc. At the time of the last delivery, the patient took help of the newly married sister-in-law to clean the dirty clothes of the newborn child and other household work. Her brother did not like all this and he used to persuade his newly wed wife not to do all that dirty work as she was not a housemaid there. Differences between the brother and the sister (patient

Excerpt from K.P.S. Dhama
„ Homoeopathy: The True Science of Health “
Publisher: UBSPD
Excerpted by Narayana Publishers, 79400 Kandern,
Tel.: +49 (0) 7626 974 970-0

and her brother) became serious. One day the young boy, in sheer anger slapped his elder sister (the patient). The husband of the patient then gave a good beating to the guy and asked the newly married couple to move out of their house. The couple left the house. After this incident, for sometime the patient used to sit in silence and brood. Later, slowly she developed breathing complaints and was diagnosed by their allopathic physician as a case of bronchial asthma. We noted the origin of complaints, 'silent grief, and gave her only one single dose of Ignatia 1M and she was perfectly normal by the next day; something which she couldn't believe.

Here we would like to make it clear that grief in this case did not establish any chronic miasm and as such no deep-acting miasmatic remedy was required. Only one dose of Ignatia 1M restored the sick to health.

IGNATIA IN A CASE OF BRONCHIAL ASTHMA

Case V: Ms. R, aged 50 years, came to our clinic on 5 November 1998. She was taking allopathic treatment and was diagnosed as a case of bronchial asthma. Her complaints started three months back after her young son died. She was worse after lying down in bed and was very sensitive to strong odours, smoke, etc.

We prescribed her Ignatia 1M on 5 November 1998, Ignatia 10M on 9 November 1998 and Ipecac. 30 for acute symptoms in between. She got well within a week and till date there are no signs of return of the trouble.

Note: In both these cases the exciting cause was 'silent grief and Ignatia was prescribed for the same resulting in the cure of the so-called bronchial asthma. Both the cases did not have any other marked symptoms of any active miasm so no miasmatic remedy was prescribed.

We have presented these cases in which we have cured conditions arising due to emotional reactions.

Excerpt from K.P.S. Dhama
„ Homoeopathy: The True Science of Health “
Publisher: UBSPD
Excerpted by Narayana Publishers, 79400 Kandern,
Tel.: +49 (0) 7626 974 970-0

However, we want to make it clear that we do not claim the cure of basic miasmatic disturbances in the background because symptoms may recur later in life in such cases if we don't give constitutional/miasmatic remedies to complete the cure as termed by the father of homoeopathy, Dr. Samuel Hahnemann.

Excerpt from K.P.S. Dhama
„ Homoeopathy: The True Science of Health “
Publisher: UBSPD
Excerpted by Narayana Publishers, 79400 Kandern,
Tel.: +49 (0) 7626 974 970-0

K.P.S. Dhama

Homoeopathy: The True Science of Health

206 Seiten, paperback
erschienen 2007

bestellen

Mehr Bücher zu Homöopathie, Alternativmedizin und gesunder Lebensweise
www.narayana-verlag.de