James Tyler Kent
Lectures on Homoeopathic Materia Medica

Leseprobe
Lectures on Homoeopathic Materia Medica
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nervous temperament. *Puls.* has scanty menstruation and relief in the open air. It has also much dragging down in the pelvis, though not so extreme as a rule as in this medicine. But there is much in this medicine quite different from *Puls.*

Then come the heart symptoms. "Seems as if the heart were grasped or squeezed in a vise, hard, as it violently grasped." "Constrictive pain in the heart." "In fresh air, chilly, but vertigo is >."

Pain in the back and down the spine; irritable and sensitive spine with trembling. It competes very closely with *Platina.*

**LYCOPODIUM**

Lycopodium is an antipsoric, anti-syphilitic and anti-sycotic, and its sphere is broad and deep. Though classed among the inert substances, and thought to be useful only for rolling up allopathic pills, Hahnemann brought it into use and developed its power by attenuation. It is a monument to Hahnemann. It enters deep into the life, and ultimate changes in the soft tissues, blood-vessels, bones, liver, heart, joints. The tissue changes are striking; there is tendency to necrosis, abscesses, spreading ulcers and great emaciation. There is a predominance of symptoms on the right side of the body, and they are likely to travel from right to left or from above downward, e.g. from head to chest. The patient emaciates above, especially about the neck, while the lower extremities are fairly well nourished. Externally there is *sensitivity to a warm atmosphere* when there are head and spine symptoms. The head symptoms also are worse from the warmth of the bed and from heat, and worse from getting heated by exertion. The patient is sensitive to cold and there is a marked lack of vital heat, and worse in general from cold and cold air and from cold food and drinks. The pains are ameliorated from warmth except of the head and spine. Exertion aggravates the Lycopodium patient in general. He becomes puffed and distressed, and dyspnoea is increased by exertion. He cannot climb, he cannot walk fast. The cardiac symptoms are increased as well as the dyspnoea by becoming heated from exertion. The inflamed parts are sometimes relieved from the application of heat. The throat symptoms are generally relieved from the application of heat, from drinking hot tea or warm soup. The stomach pains are often *relieved by warm drinks* and taking warm things into the stomach. Nervous excitement and prostration are marked.

In the rheumatic pains and other sufferings the Lye. patient is *ameliorated by motion.* He is extremely restless, must keep turning, and if there is inflammation with the aches and pains he patient is better from the warmth of the bed and relieved from motion, and he will keep tossing all night. He
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turns and gets into a new place and thinks he can sleep, but the restlessness continues all night. He wants cool air, wants to be in a cool place with head symptoms. It is true that the headache is worse from motion enough to warm the patient up, but not from the motion itself. The headache is worse from lying down and from the warmth of the room, and better in cold air and from motion until he has moved and exercised sufficiently to become heated, when the headache becomes worse. That is quite an important thing to remember concerning Lycopodium, because it may constitute a distinguishing feature. The head symptoms are worse from warm wraps and warm bed.

The complaints of Lye. are likely to be worse at a fixed time, viz., from four till eight o’clock in the evening. An exacerbation comes on in the acute complaints and often in the chronic complaints at this time. The Lye. chill and fever is worse at this time, and in typhoid and scarlet fever the patient is especially worse from 4-8 P.M. in gouty attacks, in rheumatic fevers, in inflammatory conditions, in pneumonia, in acute catarrhs, which are complaints especially calling for Lycopodium, it is always well to think of this remedy when there is a decisive aggravation from 4-8 P.M.

The Lycopodium patient is flatulent, distended like a drum, so that he can hardly breathe. The diaphragm is pushed upwards, infringing upon the lung and heart space, so that he has palpitation, faintness and dyspnoea. It is not uncommon to hear a Lycop. patient say, “Everything I eat turns into wind.” After a mere mouthful he becomes flatulent and distended, so that he cannot eat any more. He says a mouthful fills him up to the throat. While the abdomen is distended he is so nervous that he cannot endure any noise. The noise of the crackling of paper, ringing of bells or slamming of doors goes through him and causes fainting, like Ant. crud., Borax and Natr. mur. These general conditions go through all complaints, acute and chronic. There is an excitable stage of the whole sensorium in which everything disturbs. Little things annoy and distress.

The Lye. patient cannot eat oysters; they make him sick. Oysters seem to poison the Lye. patient, just as onions are a poison to the Thuja patient. The Oxalic acid patient cannot eat strawberries. If you ever have a patient get sick from eating strawberries, tomatoes or oysters, and you have no homoeopathic remedies at hand, it is a good thing to remember that cheese will digest strawberries or tomatoes or oysters in a few minutes.

The skin ulcerates. There are painful ulcers, sloughing ulcers beneath the skin, abscesses beneath the skin, cellular troubles. The chronic ulcerations are indolent with false granulations, painful, burning, stinging and smarting, often relieved by applying cooling things and aggravated by warm poultices. It is somewhat a general in Lycopodium that warm poultices and warmth ameliorates; warm applications ameliorate the pain in the knee, the suppurating
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condition and the gouty troubles. In an unusually warm bed, and in a warm room hives come out. The hives come out either in nodules or in long and irregular stripes, especially in the heat, and itch violently. Lye. has eruptions upon the skin, with violent itching. Vesicles and scaly eruptions, moist eruptions and dry eruptions, furfuraceous eruptions, eruptions about the lips, behind the ears, under the wings of the nose and upon the genitals; fissured eruptions, bleeding fissures like salt rheum upon the hands. The skin becomes thick and indurated. The sites of old boils and pustules become indurated and form nodules that remain a long time. The skin looks unhealthy, and it will slough easily; wounds refuse to heal. Surface wounds suppurate as if they had contained splinters, and this suppuration burrows along under the skin. Ulcers bleed and form great quantities of thick, yellow, offensive, green pus. Chancres and chancroids often find their simillimum in Lye.


The mental symptoms of Lye. are numerous. He is tired. He has a tired state of the mind, a chronic fatigue, forgetfulness, aversion to undertaking anything new, aversion to appearing in any new role; aversion to his own work. Dreads lest something will happen, lest he will forget something. A continually increasing dread of appearing in public comes on, yet a horror, at times, of solitude. Often in professional men, like lawyers and ministers, who have to appear in public, there is a feeling of incompetence, a feeling of inability to undertake his task, although he has been accustomed to it for many years. A lawyer cannot think of appearing in court; he procrastinates, he delays until he is obliged to appear, because he has a fear that he will stumble, that he will make mistakes, that he will forget, and yet when he undertakes it he goes through with ease and comfort. This is a striking feature also of Silicea. No medicines have this fear so marked as these two.

Lye. also has a religious insanity, which has a mild and simple beginning, a matter of melancholy. This religious melancholy grows greater and greater until he sits and broods. He has very often aversion to company, and yet he dreads solitude. "Dread of men and dread of solitude; irritability and melancholy." This dread of men is not always a state of dread in women. It is a dread of people, and when that is fully carried out in the Lye. patient you see that she dreads the presence of new persons, or the coming in of friends or visitors; she wants to be only with those that are constantly surrounding her; does not want to be entirely alone; wants to feel that there is somebody else in the house, but does not want company; does not want to be talked to,
or forced to do anything; does not want to make any exertion, yet at times when forced to do so she is relieved. "Taciturnity, desires to be alone." Now, let us follow that out a little further. The taciturnity is because the patient does not want to talk, wants to keep silent, yet, as I have said already, very glad to feel there is somebody else in the house and that she is not alone. She is perfectly willing to remain in a little room by herself, so that she is practically alone, yet not in solitude. If there were two adjacent rooms in the house you would commonly find the Lye. patient go into one and stay there, but very glad to have somebody in the other.

The Lycopodium patient often weeps in the act of receiving a friend or meeting an acquaintance. An unusual sadness with weeping comes over this patient on receiving a gift. At the slightest joys she weeps, hence we see that the Lye. patient is a very nervous, sensitive, emotional patient. Here it is: "Sensitive, even cries when thanked."

When lying in bed suffering from the lower forms of fevers, there is delirium and even unconsciousness. He picks at imaginary things in the air, sees flies and all sorts of little things flying in the air. "Excessively merry and laughs at simplest things. "A condition of insanity. "Despondent." The Lye. patient wakes up in the morning with sadness. There is sadness and gloom. The world may come to an end, or the whole family may die, or the house may burn up. There seems to be nothing cheering, the future looks black. After moving about a while, this passes off. This state precedes conditions of insanity, and finally a suicidal state comes, an aversion to life. See how this remedy takes hold of the will and actually destroys man's will to live. That which is first in man is his desire to be, to exist, and to be something, if ever so small. When that is destroyed, we see what a wonderful thing has been destroyed. The very man himself wills then not to be. It is a perversion of everything that makes the man, the destruction of his will. "Apprehensiveness, difficult breathing and fearfulness." "Anxious thoughts as if about to die." "Want of self-confidence, indecision, timidity, resignation." Loss of confidence in himself and in everything. "Misanthropic, flies even from his own children." "Distrustful, suspicious and fault finding." "Oversensitive to pain; patient is beside himself."

Lye. is subject to periodical headaches, and headaches connected with gastric troubles. If he goes beyond his dinner hour a sick headache will come on. He must eat with regularity or he will have the headache which he is subject to. This is somewhat like a Cactus headache. Cactus has a congestive headache which becomes extremely violent with flushed face if he does not eat at the regular time. One distinguishing feature is that with the Lycopodium headache, if he eats something, the headache is better while the Cactus headache is worse from eating. Lye. and especially Phos. and Psorinum have headaches with great hunger. At or about the beginning of the attack there is a faint all-
gone hungry feeling which eating does not satisfy. Such is the nature of Phosphorus and Psorinum when the appetite and headache are associated. The Lycopodium headache is < from heat, from the warmth of the bed, and from lying down, > from cold, from the cold air, and from having the windows open. Lean, emaciated boys are subject to prolonged pains in the head. Every time this little fellow takes cold he has a prolonged, throbbing, congestive headache, and from day to day and from month to month he becomes more emaciated, especially about the face and neck. This same trouble is present when a narrow-chested boy has a dry, teasing cough, without expectoration, and emaciates about the neck and face. This remedy is especially suitable in these withered lads, with a dry cough or prolonged headache. In children who wither after pneumonia or bronchitis, emaciate about the face and neck, take cold on the slightest provocation, suffer with headache from being heated, have nightly headaches, and a state of congestion that affects the mind more or less, in which they rouse out of sleep in confusion. The little one screams out in sleep, awakes frightened, looks wild, does not know the father and mother, or nurse or family until after a few moments, when he seems to be able to collect his senses and then realizes where he is and lies down to sleep again. In a little while he wakes up again in a fright, looks strange and confused. That repeats itself. The headaches are throbbing and pressing, as if the head would burst; but this is not so important as the manner in which they come on, the circumstance of their cause, the things that the child does and the fact that they are better from cold, worse from noise and talking, worse from 4 to 8 P.M., and he emaciates from above downward. These are more important than the quality of the pain that the patient feels, but if he describes the quality of the pain it is spoken of as a throbbing, pressing, bursting or as a fulness.

Upon the scalp we find eruptions in patches, smooth patches with the hair off. Patches on the face and eczematous eruptions behind the ears, bleeding and oozing a watery fluid, sometimes yellowish watery. The eczema spreads from behind the ears up over the ears and to the scalp. Lye. is a very important remedy to study in eczema of the infant. Eczema in a lean, hungry, withering child with more or less head trouble, such as has been described, with a moist oozing behind the ears, red sand in the urine, face looking wrinkled, a dry teasing cough, in a child that kicks the covers off, a child whose left foot is cold and the other warm, with capricious appetite, eating much, with unusual hunger at times and great thirst, and yet losing steadily, will often be cured by Lye. It will throw out a greater amount of eruption at first, but this will subside finally and the child will return to health. The head in general is closely related to one symptom, viz., red sand in the urine. As long as the red sand is plentiful, the patient is free from these congestive headaches, but when the urine becomes pale and free from the red pepper
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