

# John Saxton

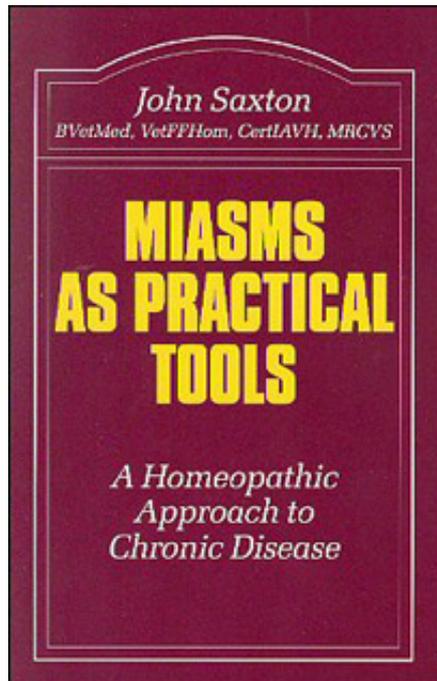
## Miasms as Practical Tools

Leseprobe

[Miasms as Practical Tools](#)

von [John Saxton](#)

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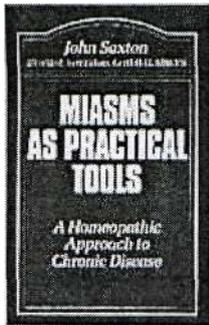
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Review from 'Miasms as practical Tools: A Homeopathic Approach to Chronic Disease' by John Saxton

Reviewed by Mark Elliot in 'The Homeopath', Spring 2007

## Reviews



Miasms as Practical Tools: A Homeopathic Approach to Chronic Disease  
By John Saxton  
Beaconsfield Publishers, 2006,  
paperback, 168 pages, £15.00  
ISBN 0-906584-58-2

Reviewed by  
Mark Elliott

The subject of miasms as a concept, dogma, or tool has divided and frustrated homeopaths ever since its conception. For the last 17 or so years it has been a source of fascination for me, but there has never yet been a work that has really effectively brought together in one place the wealth of information on the subject. That is until now, and John Saxton's work is going to prove an absolute must for all homeopaths and students.

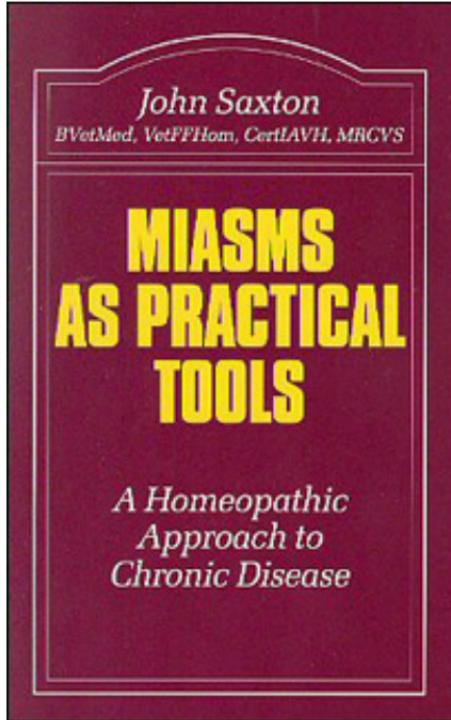
John Saxton, the first veterinarian to become President of the Faculty of Homeopathy, has achieved in one seminal work, that is very much more than its title, a historical, pragmatic and practical appraisal of the whole miasms argument, mixed with modern clinical understanding of the body's function to present a very useful tool. As a practising vet he is able to draw on animal as well as human cases, to justify, expand and clarify his arguments.

I fully agree with his assessments of the newer miasms as bringing unnecessary confusion through incorrect use of the term, when what is often meant is either a fixed mixture of the original 3, or an expression of the rate of the disease in the patients. This is something many of us had already come to understand; it is so well put and without blind worship of the new Gods.

A great chapter on suppression made some bold and brave public statements over veterinary and medical procedures which will not win the author many

friends in the more conventional fields of practice, but I doubt that was his intention. I was perhaps a little disappointed that the issues relating to mental illness were not discussed more in relation to his model, and felt that referring the reader to the Organon here detracted from the book overall. It may reflect that this is a point where the veterinary training is lacking generally owing to the limited scope to utilise mental information; it certainly is one reason quite a few of the vets (myself included) study with their human treating colleagues. Odd comments in this chapter also jarred with my experience, and I take issue with some statements including that vasectomy does not interfere with functional integrity, implying it is not suppressive; in my view it clearly is. However, this should not detract from the overall and I very much like the suggestion of a law of disease; "the suppression of the normal function of a vital system will often drive that function inwards to become pathological within that same system" as this made perfect sense. All who study medicine should be taught this from day one.

Here is a model for understanding the miasms and utilising them as real tools for prescribing which covers all the bases and has never quite been done this way before, to my knowledge. Illustrated well, with many useful and detailed discussed cases, this work should become a baseline for teaching of the subject and be added to each school's essential reading list, enabling a really good grounding.



John Saxton

[Miasms as Practical Tools](#)

A Homeopathic Approach to Chronic Disease

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